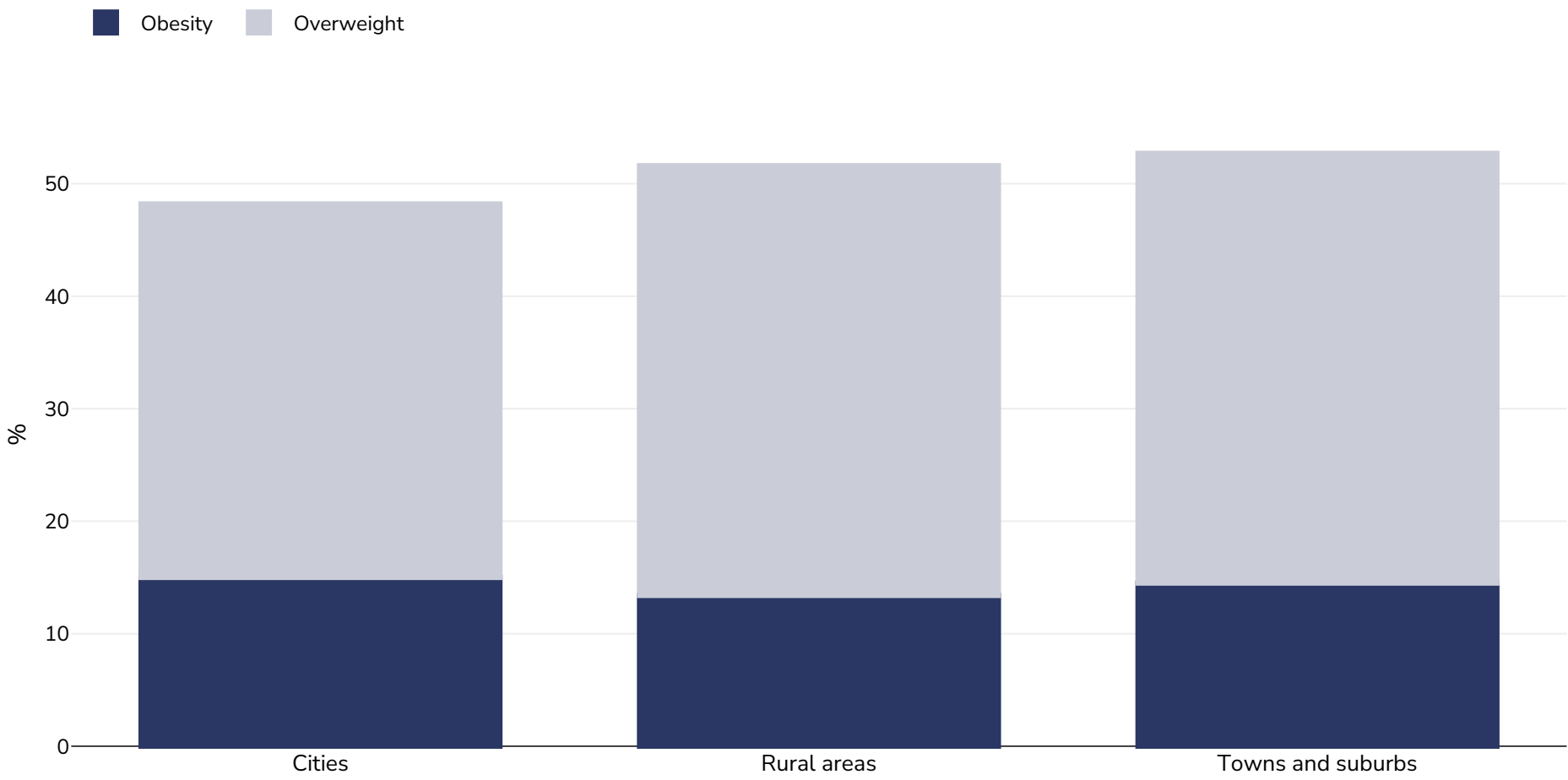


# Netherlands: Overweight/obesity by region

Adults, 2019



Survey type:	Self-reported
Age:	18+
Area covered:	National
References:	Eurostat 2019. <a href="https://doi.org/10.2908/HLTH_EHIS_BM1U">https://doi.org/10.2908/HLTH_EHIS_BM1U</a> [Accessed 17.07.25]

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².