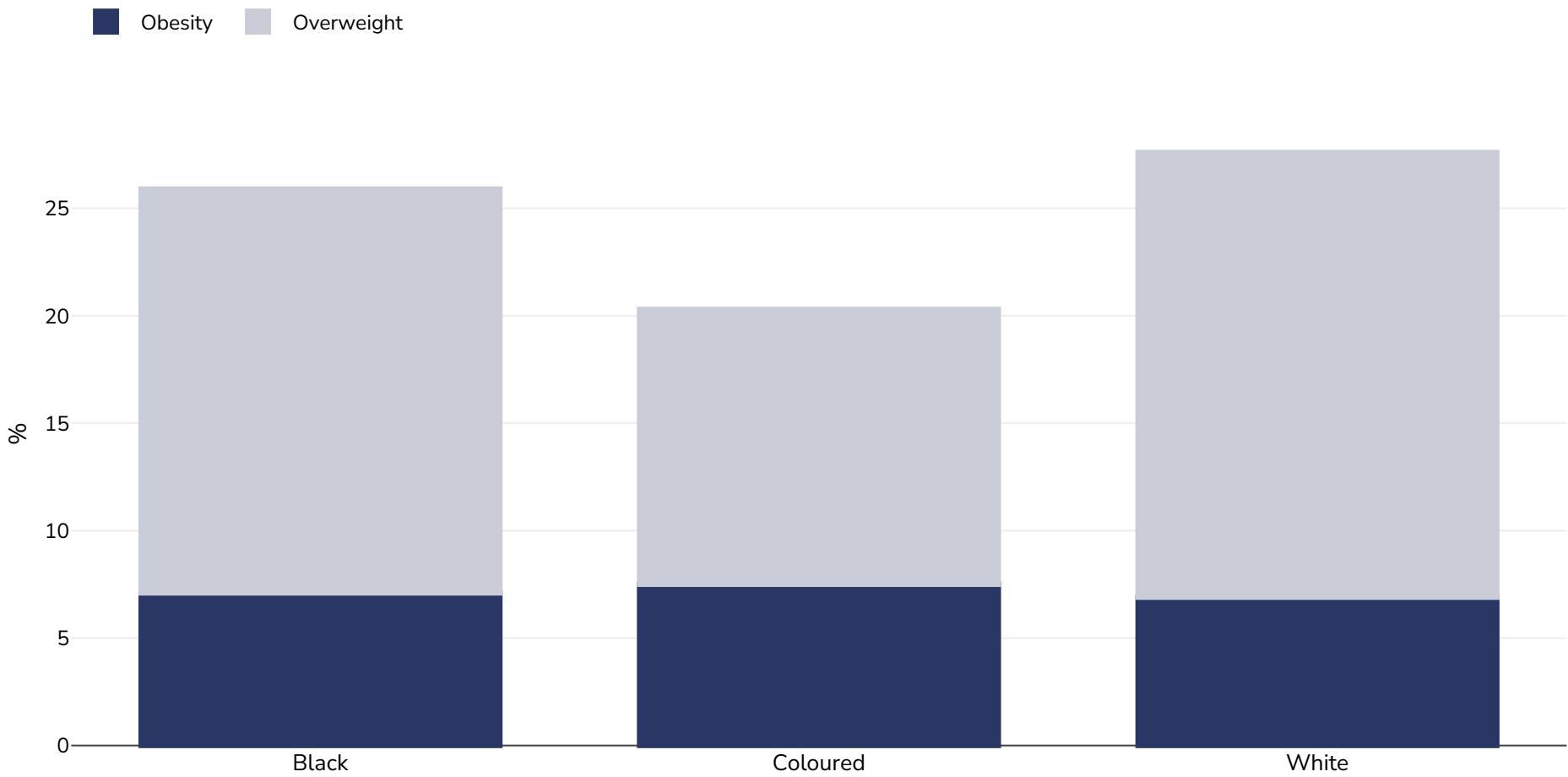


# South Africa: Overweight/obesity by ethnicity

Children, 2007-2008



Survey type:	Measured
Age:	7-18
Sample size:	1559
Area covered:	Regional - Western Cape
References:	Negash, S., Agyemang, C., Matsha, T.E., Peer, N., Erasmus, R.T. and Kengne, A.P. (2017). Differential prevalence and associations of overweight and obesity by gender and population group among school learners in South Africa: a cross-sectional study. BMC Obesity, [online] 4(1). doi: <a href="https://doi.org/10.1186/s40608-017-0165-1">https://doi.org/10.1186/s40608-017-0165-1</a> [Accessed 23.06.25]
Definitions:	Ethnicity was categorised by previously defined official South African population groups. The 'Coloured' group include people of Khoisan, Malaysian, Griqua, African and White descent and describe people of mixed ancestry. The Indian/Asian population were too small in the Western Cape, and were excluded from this study.
Cutoffs:	IOTF