WHO European region: Insufficient activity

Girls, 2016

Definitions:

%	30 50 40 20																																					
	0 O	Moldova	Bulgaria	Ireland	Albania	Czechia	Finland	Armenia	Ukraine	N Macedonia	Spain	Netherlands	Croatia	Latvia	Poland	Austria	Lithuania	Iceland	Luxembourg	United Kingdom	Slovenia	Hungary	Malta	Turkey	Romania	Denmark	Sweden	Estonia	Germany	Belgium	Russian Federation	Norway	Greece	Switzerland	Israel	Portugal	Italy	France
Surv Age:		type: Self-report																																				
Refe	rence	es:								Glo	obal I	Healt	th Ok	oserv	atory	/ dat	a rep	osito	ory, V	Vorld	l Hea	alth C	rgan	isati	on, <u>h</u>	ttps:,	//app	s.wh	no.int	/gho/	/data	a/nod			<mark>393A</mark> ccess			
Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doin moderate- to vigorous-inter													ensity	/ phy		activ	vity d	aily.																				

% Adolescents insufficiently active (age standardised estimate)

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