Spain: % Adults living with overweight or obesity, 1990-2015

Men

Overweight or obesity

Survey type: Measured

References: For full details of references visit [https://data.worldobesity.org/](https://data.worldobesity.org/)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Different methodologies may have been used to collect this data and so data from different surveys may not be strictly comparable. Please check with original data sources for methodologies used.