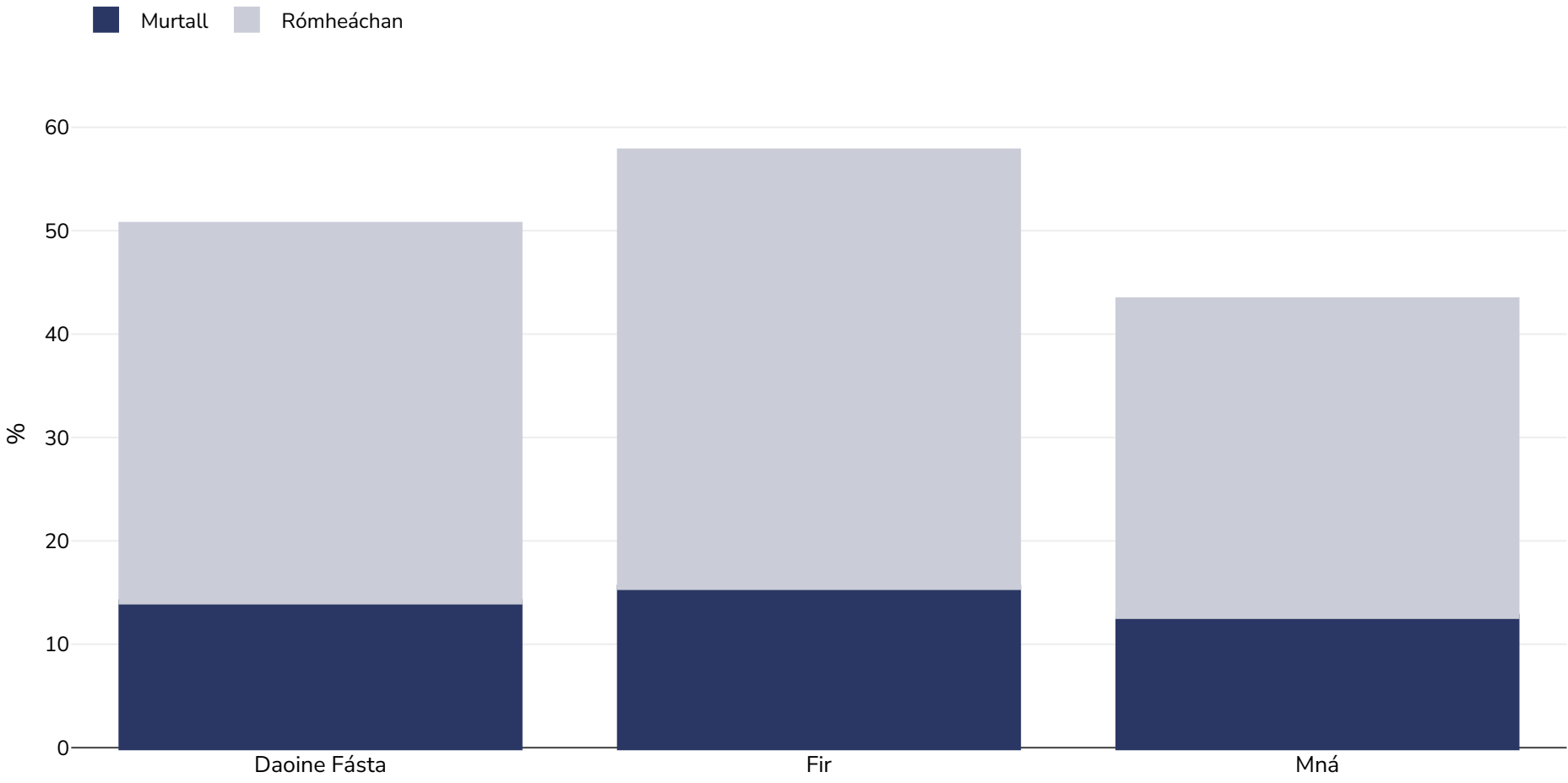


# An Iorua: Leitheadúlacht murtaill



## Daoine Fásta, 2019



|                     |                                                                                                                                                                                                                                                 |
|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Cineál an tsuirbhé: | Féintuairiscithe                                                                                                                                                                                                                                |
| Aois:               | 18+                                                                                                                                                                                                                                             |
| Ceantar Clúdaithe:  | Náisiúnta                                                                                                                                                                                                                                       |
| Tagairtí:           | Eurostat 2019. Data available at <a href="https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&amp;lang=en">https://appsso.eurostat.ec.europa.eu/nui/show.do?dataset=hlth_ehis_bm1i&amp;lang=en</a> (last accessed 09.08.21) |

Mura gcuirtear a mhalairt in iúl, is ionann rómheáchan agus ICM idir 25kg agus 29.9kg/m², is ionann murtall agus ICM níos mó ná 30kg/m².