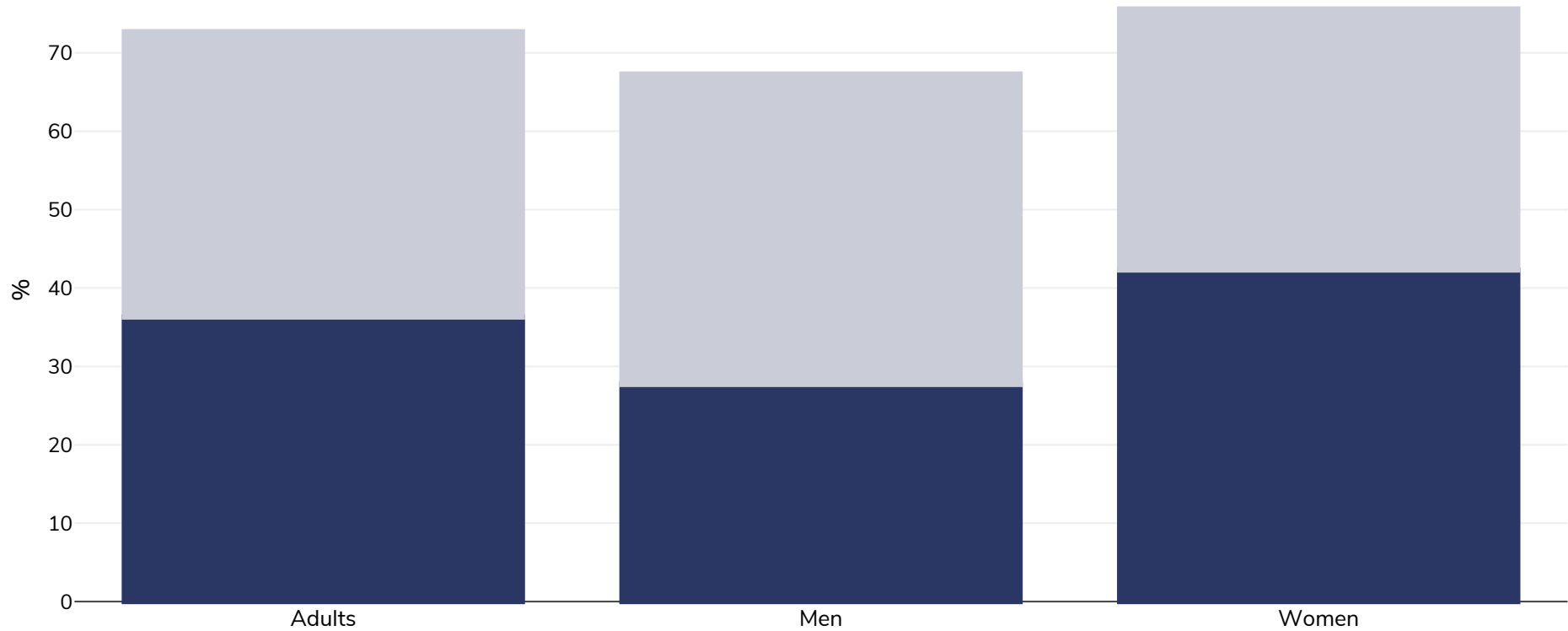


# Panama: Obesity prevalence

Adults, 2019

■ Obesity ■ Overweight



|               |   |
|---------------|---|
| Survey type:  | Measured  |
| Age:          | 18+   |
| Sample size:  | 6715  |
| Area covered: | National  |
| References:   | National Health Survey of Panama (ENSPA). 2019. <a href="http://www.gorgas.gob.pa/SIGENSPA/Informe_general.htm">http://www.gorgas.gob.pa/SIGENSPA/Informe_general.htm</a> (Accessed 23.01.23) |
| Notes:        | Sample size is all over 15 years  |

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.