Egypt: Insufficient physical activity

Children, 2010

Lebanon
UAE
Tunisia
Libya
Yemen
Djibouti
Oman
Kuwait
Iraq
Jordan
Morocco
Egypt
Pakistan
Syria
Qatar
Sudan

% insufficient physical activity


Notes: % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitions: % Adolescents insufficiently active (age standardised estimate)