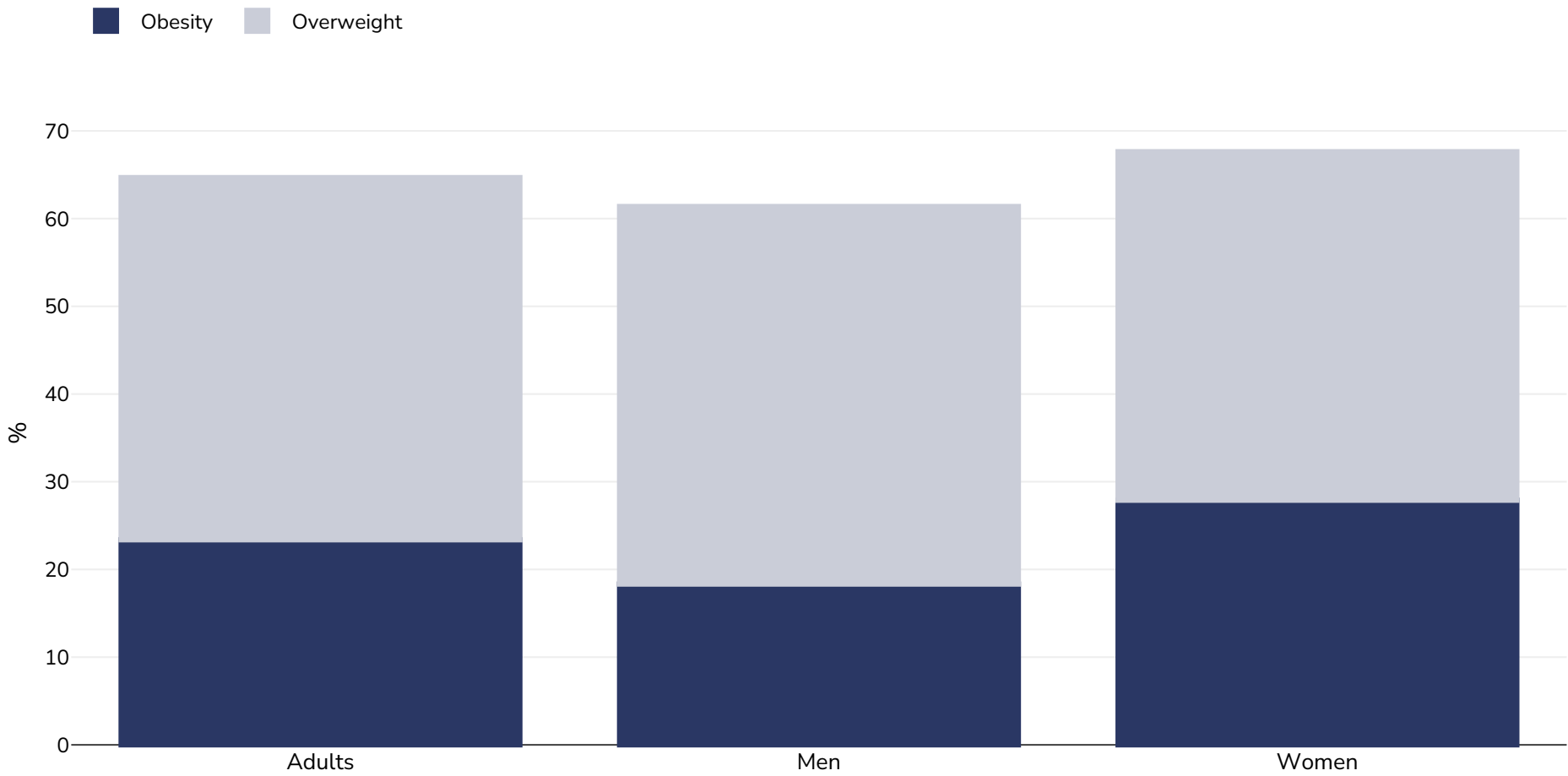


# Ecuador: Obesity prevalence



Adults, 2018



|                                                                                                                              |                                                                                                                                                                                                                                               |
|------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Survey type:                                                                                                                 | Measured                                                                                                                                                                                                                                      |
| Age:                                                                                                                         | 19-59                                                                                                                                                                                                                                         |
| Sample size:                                                                                                                 | 74786                                                                                                                                                                                                                                         |
| Area covered:                                                                                                                | National                                                                                                                                                                                                                                      |
| References:                                                                                                                  | National Health and Nutrition Survey - ENSANUT 2018. <a href="https://www.ecuadorencifras.gob.ec/salud-salud-reproductiva-y-nutricion/">https://www.ecuadorencifras.gob.ec/salud-salud-reproductiva-y-nutricion/</a> (Last accessed 18.05.21) |
| Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m². |                                                                                                                                                                                                                                               |