

# Corea del Sur: Prevalencia de obesidad

Adultos, 2020

Sobrepeso u obesidad

50

40

30

20

10

0

Adultos

Hombres

Mujeres

%



Tipo de encuesta:

Medido

Edad:

20+

Zona abarcada:

Nacional

Referencias:

Jeong, S.M., Jung, J.H., Yang, Y.S., Kim, W., Cho, I.Y., Lee, Y.B., Park, K.Y., Nam, G.E. and Han, K., 2024. 2023 Obesity Fact Sheet: Prevalence of Obesity and Abdominal Obesity in Adults, Adolescents, and Children in Korea from 2012 to 2021. Journal of Obesity & Metabolic Syndrome, 33(1), p.27.

Notas:

Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket. The prevalence of obesity was standardised by age and sex based on the 2010 population and housing census.

Definiciones (solo disponible en inglés):

WHO Asian cutoffs shown for BMI greater than or equal to 25kg/m<sup>2</sup> to allow comparison with non-Asian cutoffs. Data for overweight and obesity separately using WHO Asian cutoffs is not available in the paper.

Cutoffs:

WHO Asia

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m<sup>2</sup> y la obesidad se refiere a un IMC superior a 30 kg/m<sup>2</sup>.