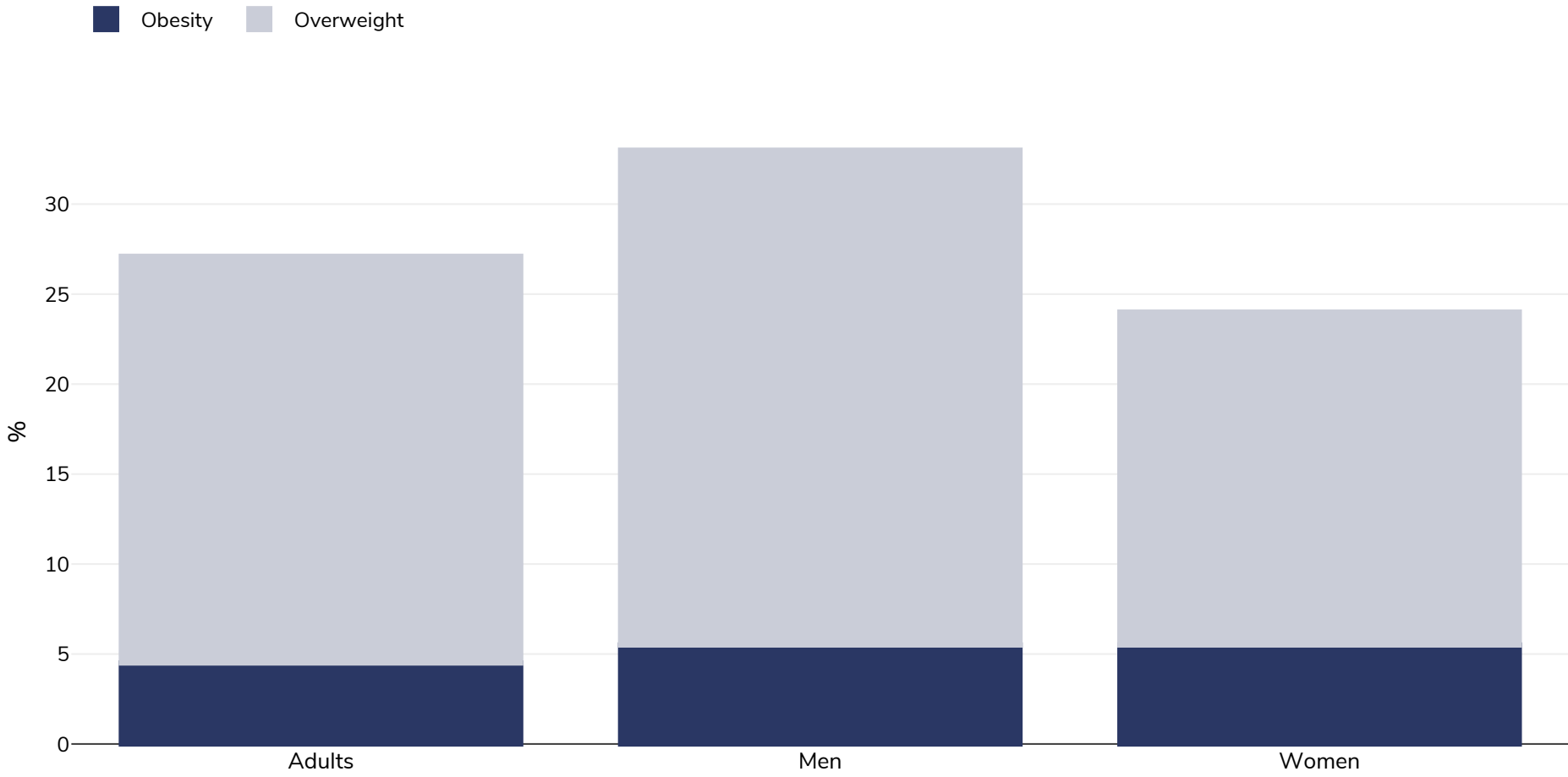


# Japan: Obesity prevalence

Adults, 2019



<b>Survey type:</b>	Measured
<b>Age:</b>	20+
<b>Sample size:</b>	4273
<b>Area covered:</b>	National
<b>References:</b>	Ministry of Health, Labor and Welfare. The National Health and Nutrition Survey (NHNS) Japan, 2019 (English Summary) . Available at <a href="https://www.nibiohn.go.jp/eiken/kenkounippon21/download_files/eiyouchousa/2019.pdf">https://www.nibiohn.go.jp/eiken/kenkounippon21/download_files/eiyouchousa/2019.pdf</a> (last accessed 22.09.22)
<b>Notes:</b>	Excel results with a breakdown of BMI 25-29.9 & 30=> available at <a href="https://www.e-stat.go.jp/stat-search/files?page=1&amp;layout=datalist&amp;toukei=00450171&amp;tstat=000001041744&amp;cycle=7&amp;tclass1=000001148507&amp;tclass2val=0">https://www.e-stat.go.jp/stat-search/files?page=1&amp;layout=datalist&amp;toukei=00450171&amp;tstat=000001041744&amp;cycle=7&amp;tclass1=000001148507&amp;tclass2val=0</a> Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m <sup>2</sup> , obesity refers to a BMI greater than 30kg/m <sup>2</sup> .