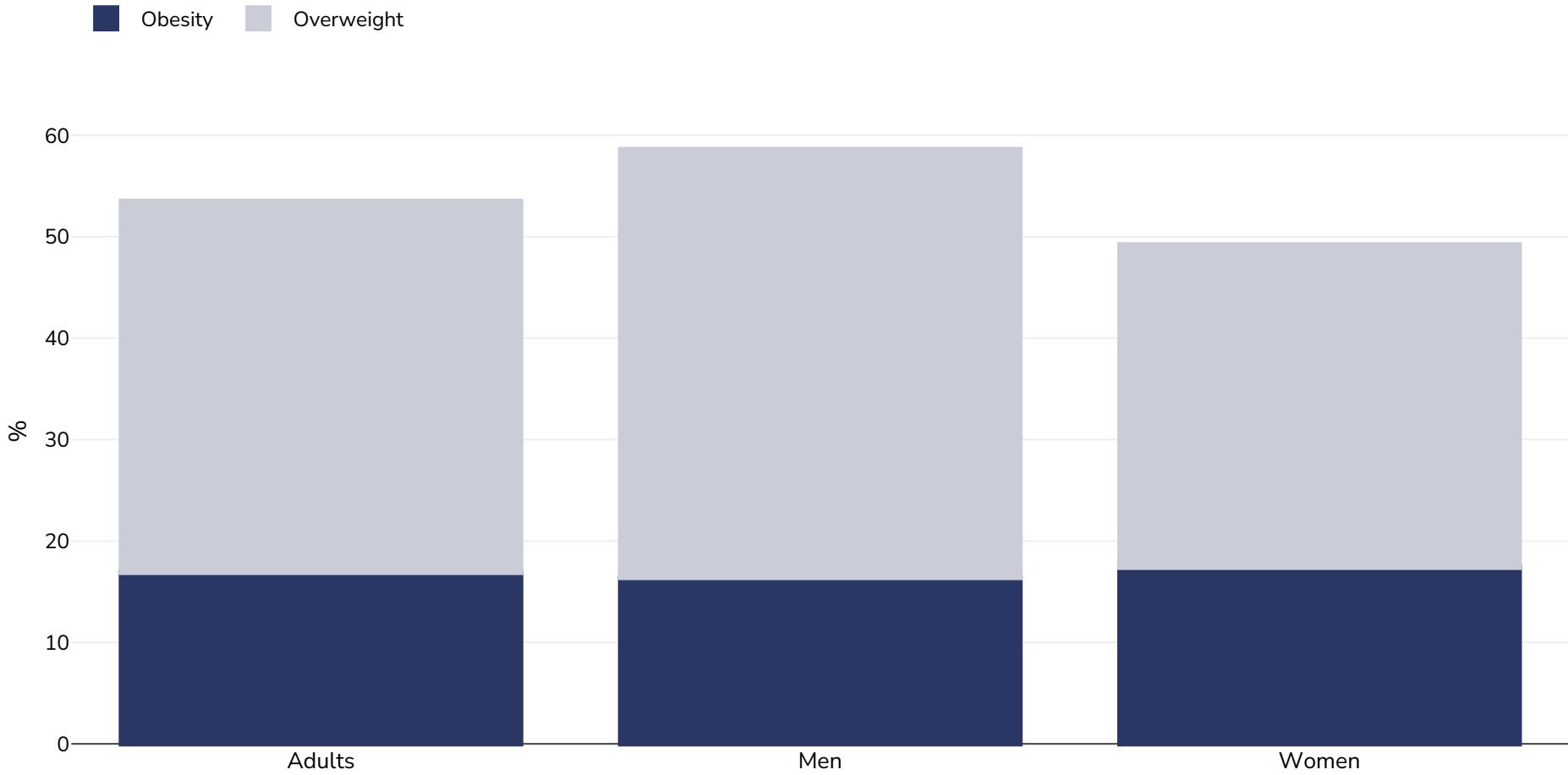


Portugal: Obesity prevalence



Adults, 2019



Survey type:	Self-reported
Age:	18+
Sample size:	14,617
Area covered:	National

References: Instituto Nacional De Estatistica (2019) Inquérito Nacional de Saúde 2019. Data available from spreadsheet at: https://www.ine.pt/xportal/xmain?xpid=INE&xpgid=ine_destaques&DESTAQUESdest_boui=414434213&DESTAQUESmodo=2&xlang=pt. Last accessed: 01.06.21.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².