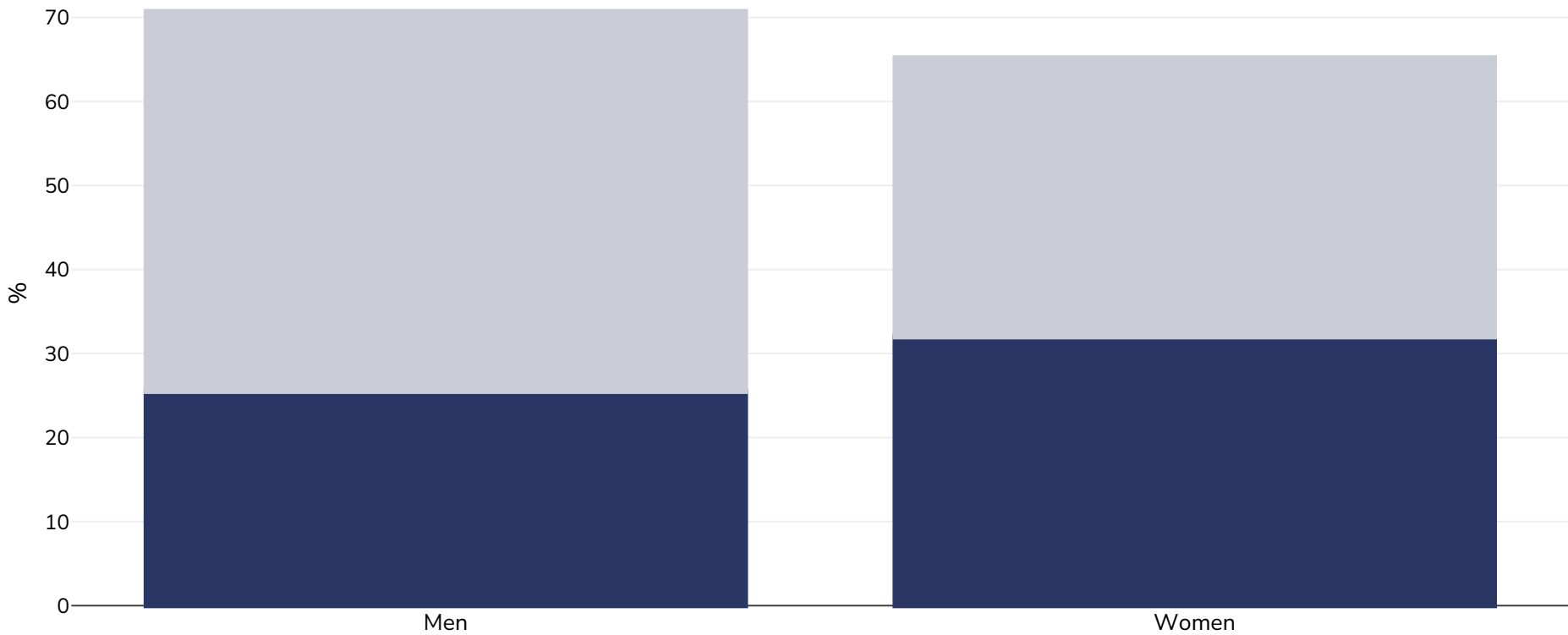


Portugal: Obesity prevalence

Adults, 2015

■ Obesity ■ Overweight



Survey type: Measured

Age: 25-74

Sample size: 4819

Area covered: National

References: Gaio, V. et al. (2017) 'Prevalence of overweight and obesity in Portugal: Results from the First Portuguese Health Examination Survey (INSEF 2015)', Obesity Research & Clinical Practice, ISSN 1871-403X. Available at: <https://doi.org/10.1016/j.orcp.2017.08.002> (Accessed: 7 November 2017).

Notes: (2236 Male and 2583 Female)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².