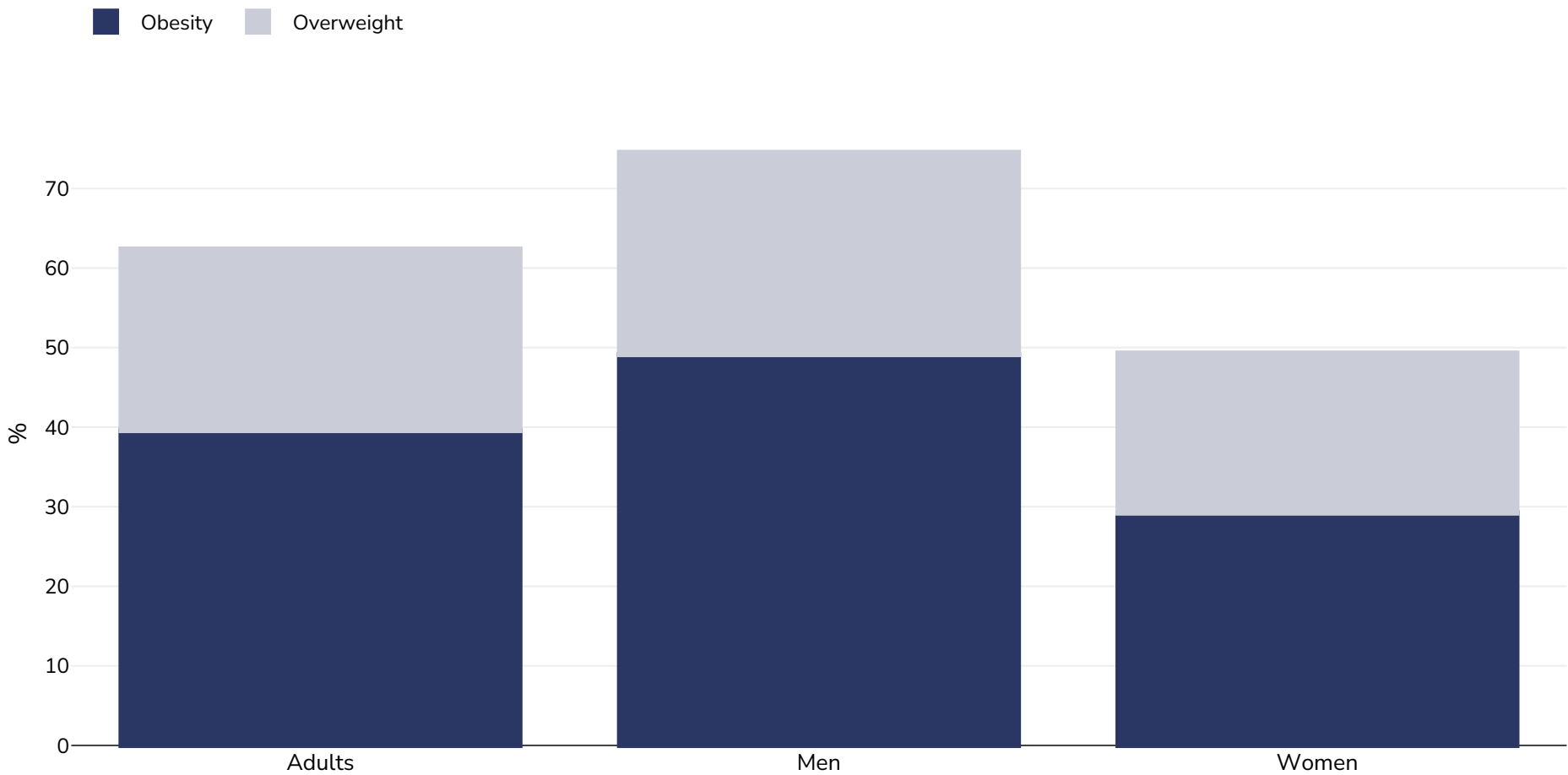


South Korea: Obesity prevalence



Adults, 2022



Survey type:	Measured
Age:	20+
Sample size:	8034
Area covered:	National
References:	2024 Obesity Fact Sheet. https://general.kosso.or.kr/html/user/core/view/reaction/main/kosso/inc/data/2024_Obesity_Fact_sheet_web_eng.pdf (Accessed 24.01.25)
Notes:	Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket.
Definitions:	Obesity was defined as a BMI of 25 kg/m² or higher, according to the Asia-Pacific criteria of the WHO. Obesity classes were defined according to the 2022 Clinical Guidelines for Obesity of the Korean Society for the Study of Obesity. Underweight: BMI lower than 18.5 kg/m² Normal weight: BMI 18.5-22.9 kg/m² Overweight: BMI 23-24.9 kg/m² Class I obesity: BMI 25-29.9 kg/m² Class II obesity: BMI 30-34.9 kg/m² Class III obesity: BMI 35 kg/m² or higher
Cutoffs:	WHO Asia

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².