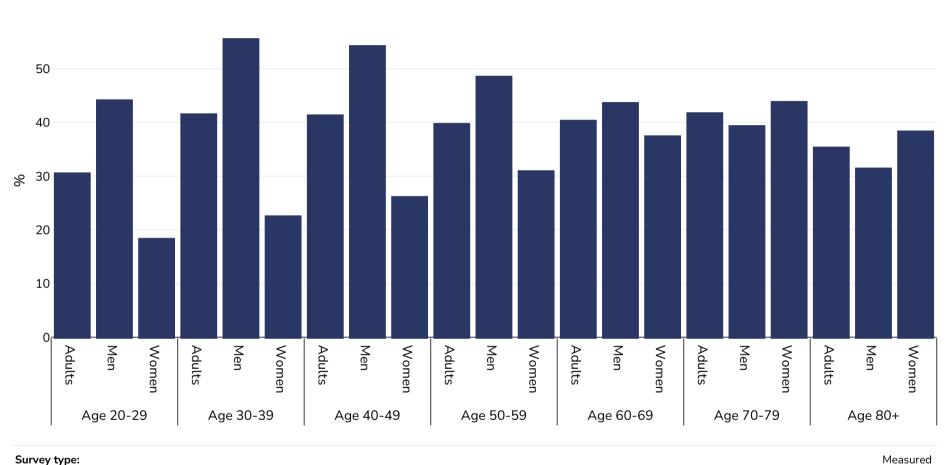
South Korea: Overweight/obesity by age

Adults, 2021

Notes:

Overweight or obesity





Area covered:

National

References: Jeong, S.M., Jung, J.H., Yang, Y.S., Kim, W., Cho, I.Y., Lee, Y.B., Park, K.Y., Nam, G.E. and Han, K., 2024. 2023 Obesity Fact Sheet:

Prevalence of Obesity and Abdominal Obesity in Adults, Adolescents, and Children in Korea from 2012 to 2021. Journal of Obesity & Metabolic Syndrome, 33(1), p.27.

Data from the Korean National Health Insurance Service health checkup database (covers 97% of the population). The missing 3% are Koreans in the lowest income bracket. The prevalence of obesity was standardised by age and sex based on the 2010 population and housing census.

Definitions:WHO Asian cutoffs shown for BMI greater than or equal to 25kg/m² to allow comparison with non-Asian cutoffs. Data for overweight and obesity separately using WHO Asian cutoffs is not available in the paper.

Cutoffs: WHO Asia