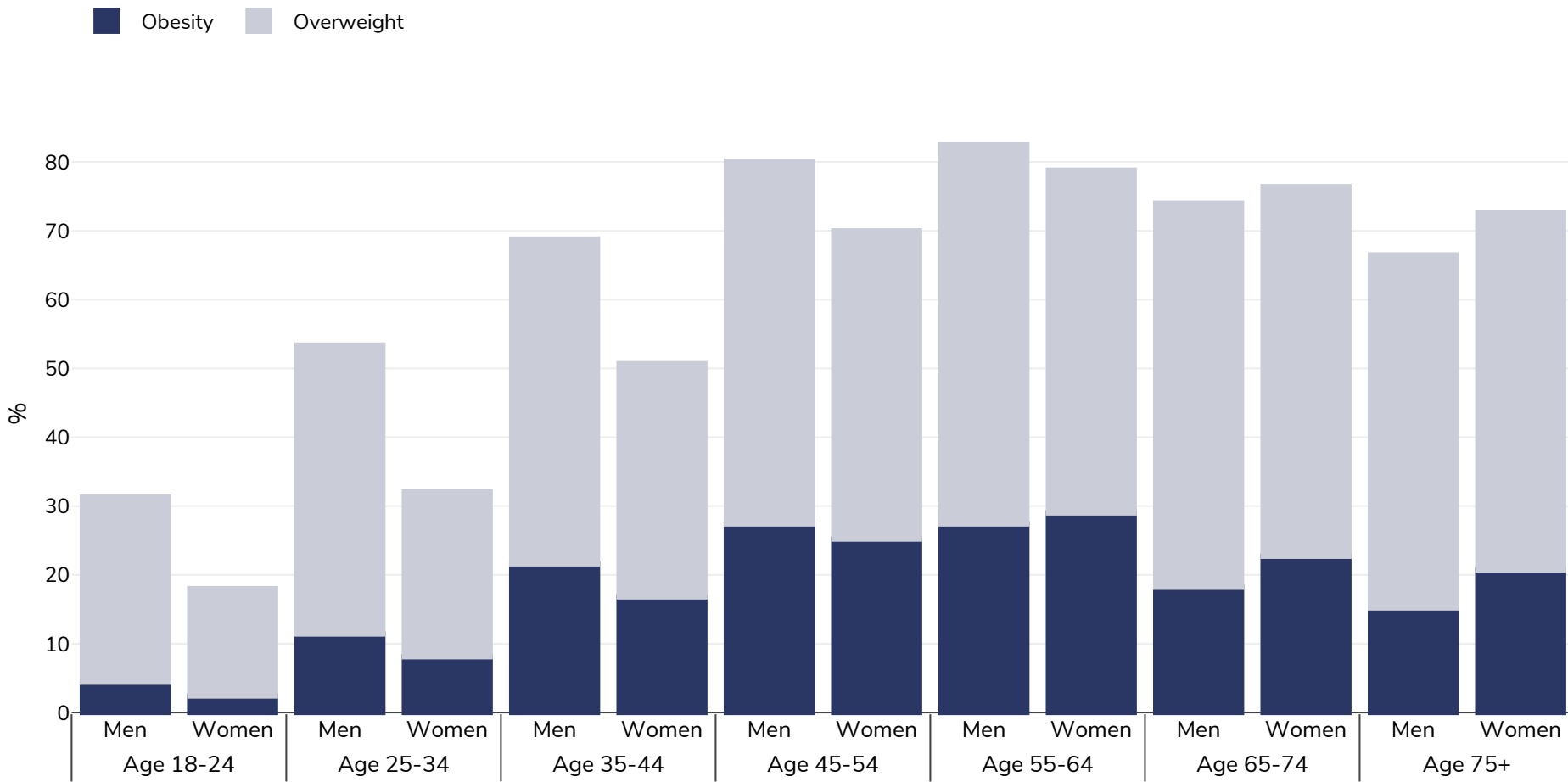


# Portugal: Overweight/obesity by age

Adults, 2008-2009



**Survey type:** Measured

**Sample size:** 9447

**Area covered:** National

**References:** Sardinha LB, Santos DA, Silva AM, Coelho-e-Silva MJ, Raimundo AM, et al (2012) Prevalence of Overweight, Obesity and Abdominal Obesity in a Representative Sample of Portuguese Adults. PLoS ONE 7(10): e47883. doi:10.1371/journal.pone.0047883

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.