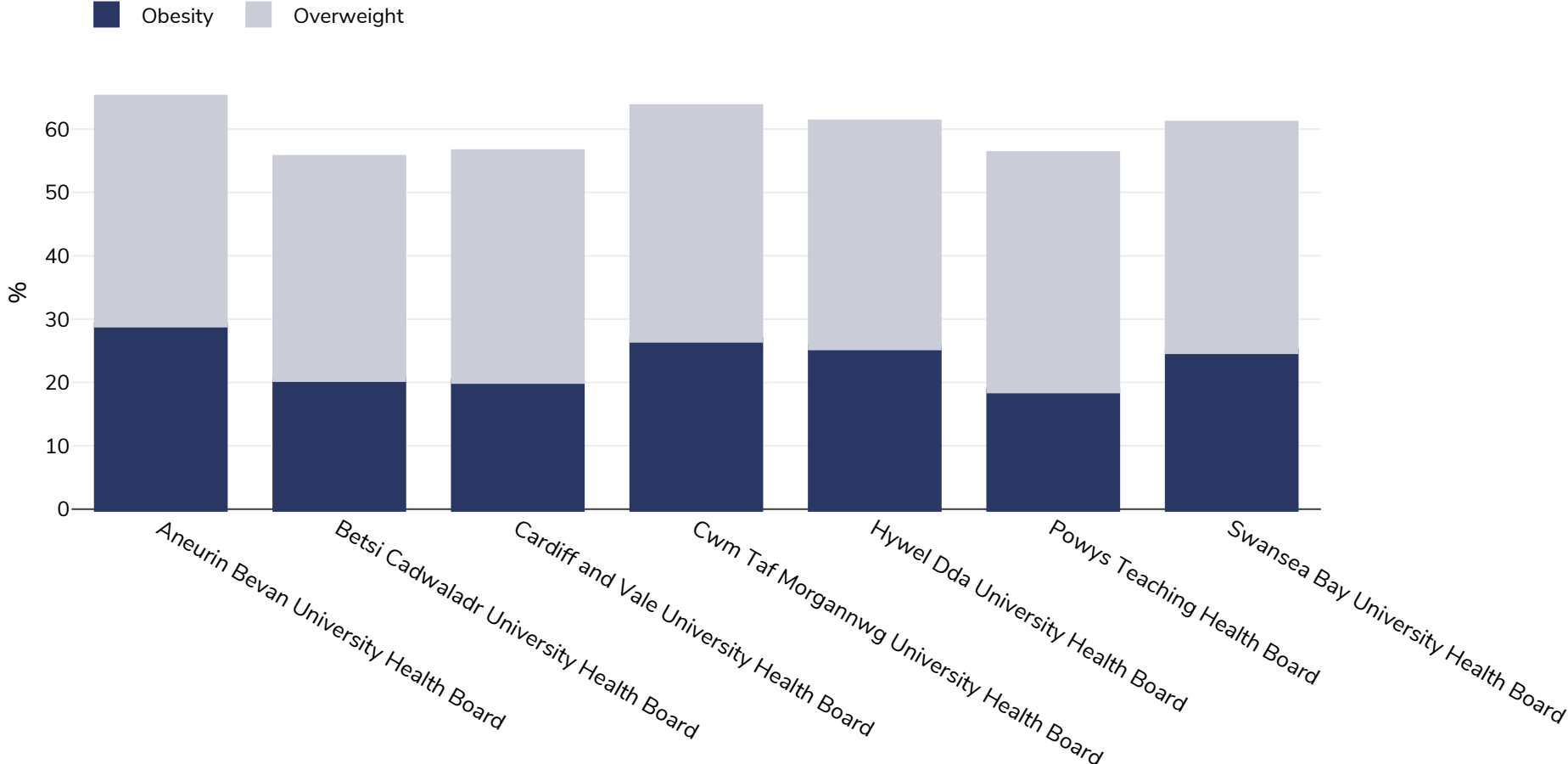


# Wales: Overweight/obesity by region

Adults, 2019-2020



Survey type:	Self-reported
Age:	16+
Sample size:	5786
Area covered:	National
References:	National Health Survey for Wales 2019-20. <a href="https://statswales.gov.wales/Catalogue/National-Survey-for-Wales/Population-Health/Adult-Lifestyles">https://statswales.gov.wales/Catalogue/National-Survey-for-Wales/Population-Health/Adult-Lifestyles</a> (last accessed 30.09.20)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.