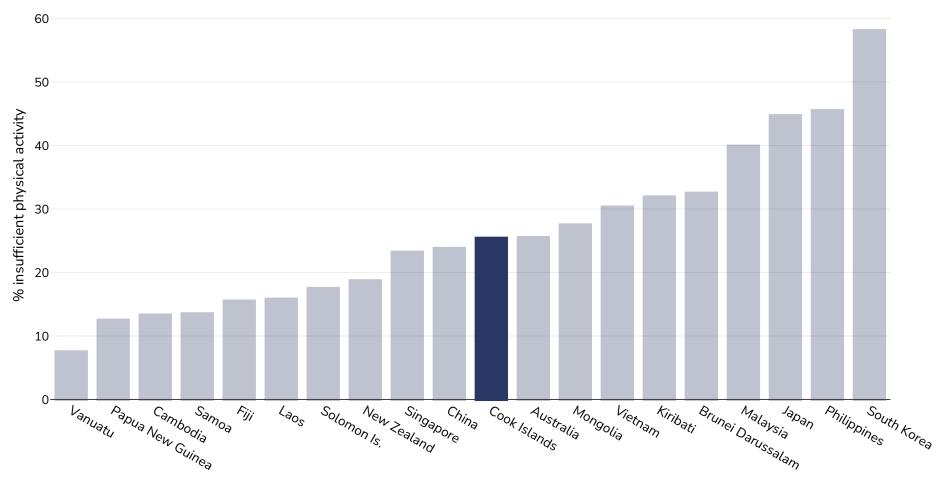
Cook Islands: Insufficient physical activity

WØRLD ØBESITY





Survey type:

Age:

Self-reported

18+

Area covered:

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper-details-upper

18-years-(age-standardized-estimate)-(-)

Definitions:

References:

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.