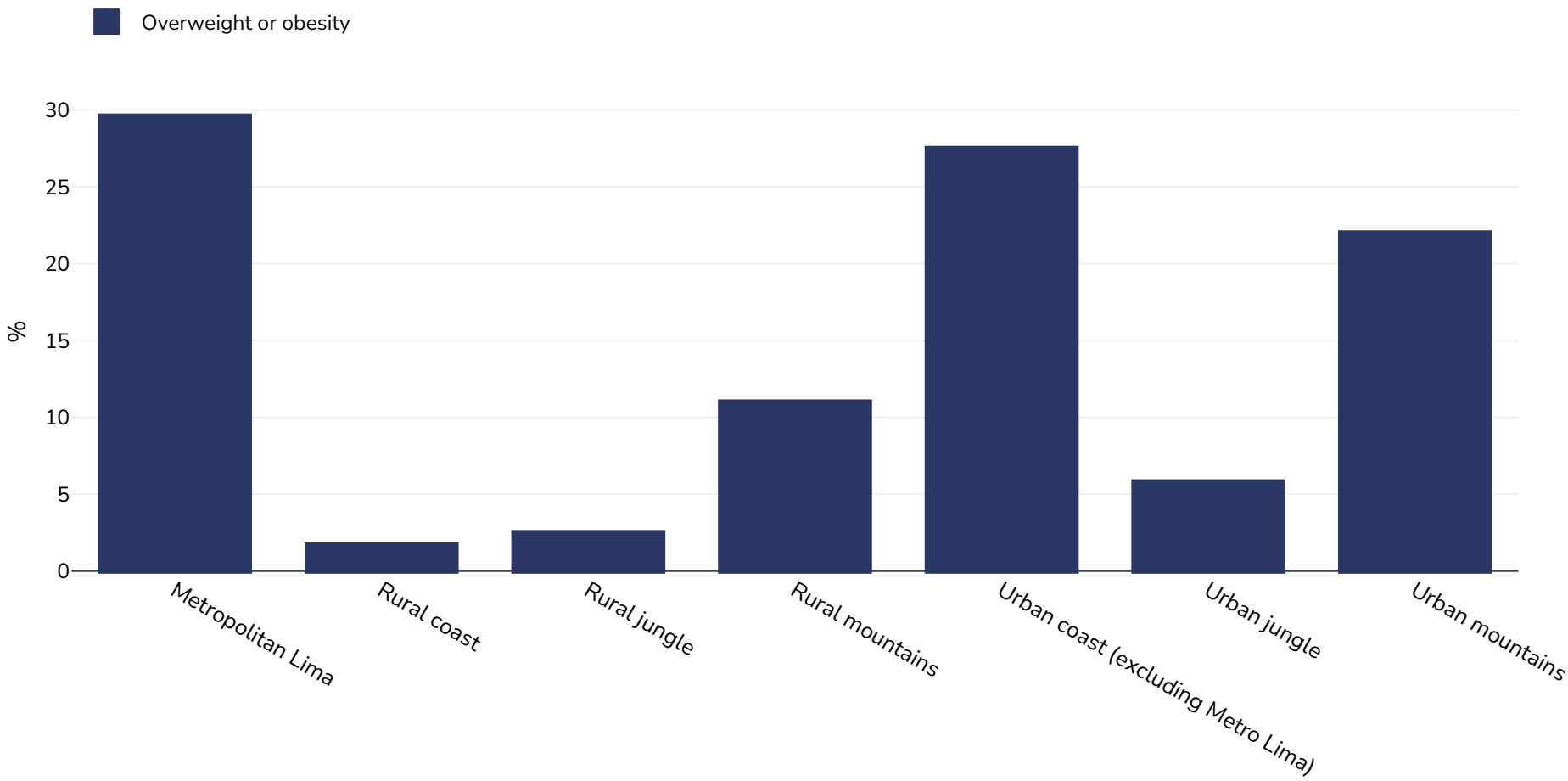


# Peru: Overweight/obesity by region

Children, 2009



**Survey type:** Measured

**Age:** 7-8

**Sample size:** 1737

**Area covered:** National

**References:** Preston EC, Ariana P, Penny ME, Frost M, Plugge E. Prevalence of childhood overweight and obesity and associated factors in Peru. Rev Panam Salud Publica. 2015;38(6):472-8

**Notes:** Prevalence of overweight and obesity by Maternal Education. Prevalence of overweight and obesity was assessed using body mass index-for age Z-scores. The 2007 World Health Organization (WHO) international growth reference curves for children 5–19 years of age described by De Onis were used to compare children of the same age and gender. “Overweight” and “Obese” variables were defined as BMI-for-age Z-scores of  $\geq 1$  and  $\geq 2$ , respectively.

**Cutoffs:** WHO