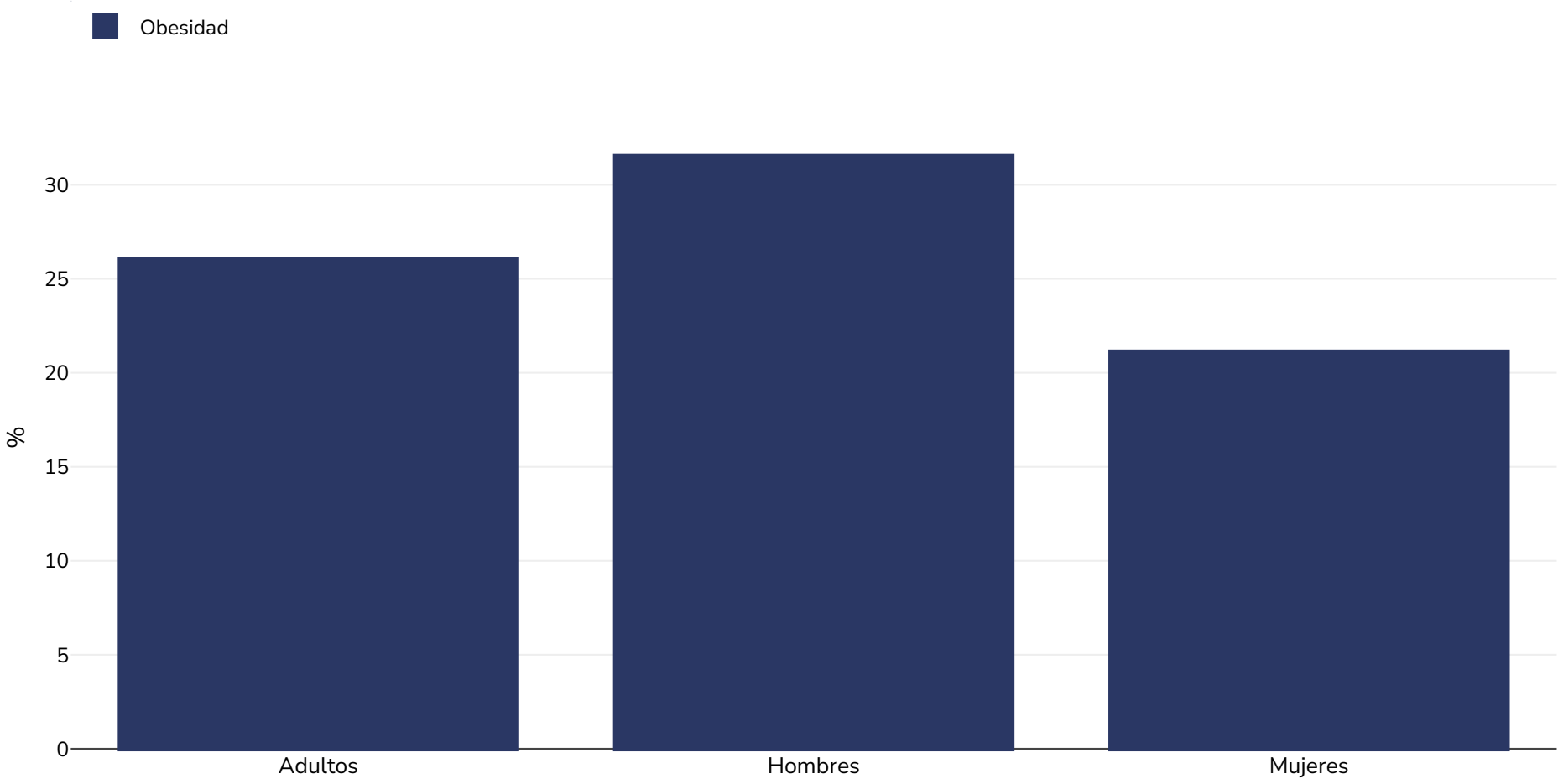


Japón: Prevalencia de obesidad

Adultos, 2023



Tipo de encuesta:	Medido
Edad:	20+
Tamaño de la muestra:	4012
Zona abarcada:	Nacional
Referencias:	Ministry of Health, Labor and Welfare. The National Health and Nutrition Survey (NHNS) Japan, 2023. Available at: https://www.mhlw.go.jp/bunya/kenkou/kenkou_eiyou_chousa.html (Accessed 15.05.25)
Notas:	English summary currently unavailable. Excel results available at https://www.e-stat.go.jp/stat-search/files?page=1&layout=datalist&toukei=00450171&tstat=000001041744&cycle=7&tclass1=000001228532&stat_infid=000040275976&cycle_facet=cycle&tclass2val=0&metadata=1&data=1
Definiciones (solo disponible en inglés):	The Japanese Society for the Study of Obesity cutoffs define BMI ≥ 25 as obesity. There are four grades of obesity, while WHO standard cutoffs have three grades of obesity. There is no overweight category.
Cutoffs:	Japanese Society for the Study of Obesity Cutoffs

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m²..