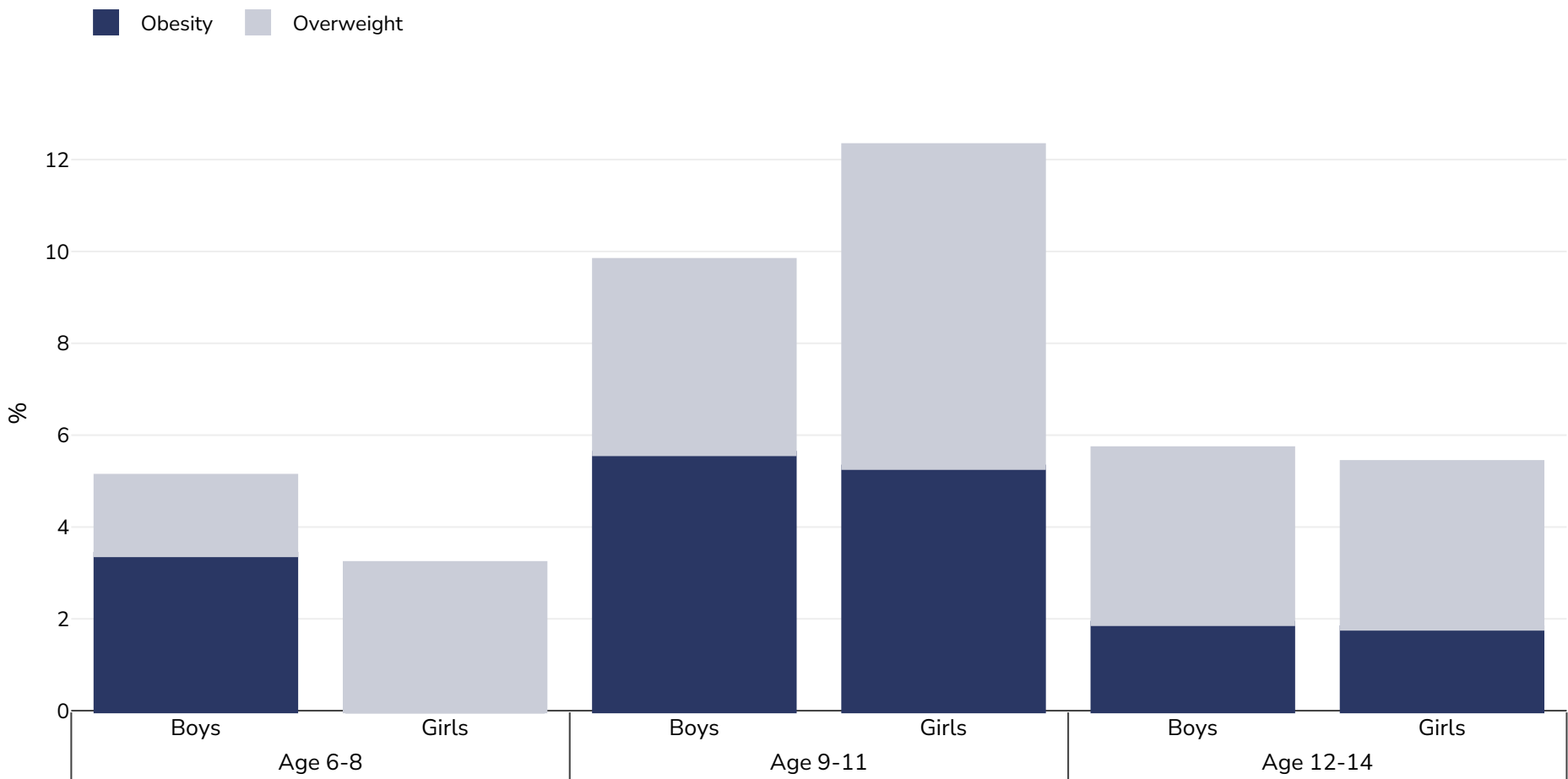


# Japan: Overweight/obesity by age

Children, 2023



|               |   |
|---------------|---|
| Survey type:  | Measured  |
| Sample size:  | 357   |
| Area covered: | National  |
| References:   | Ministry of Health, Labor and Welfare. The National Health and Nutrition Survey (NHNS) Japan, 2023. Available at: <a href="https://www.mhlw.go.jp/bunya/kenkou/kenkou_eiyou_chousa.html">https://www.mhlw.go.jp/bunya/kenkou/kenkou_eiyou_chousa.html</a> (Accessed 15.05.25)   |
| Notes:        | English summary currently unavailable. NB: VERY SMALL SAMPLE SIZE   |
| Definitions:  | Determination of obesity by school health statistics survey method. The degree of obesity in 6 to 14 years old was determined from the standard weight by age and height. Degree of obesity (overweight) = (measured weight (kg) - standard weight by height (kg)) / standard by height Weight (kg) x 100 (%) Overweight +20-30% Obesity >30% |