

Réigiún na hÁise Thoir Theas (WHO): Insufficient activity

Daoine Fásta, 2016

35

30

25

20

%

15

10

5

0

Maenmar

Neipeal

Tíomór Thoir

An Indinéis

An Bhútáin

An Téalainn

An Bhanglaidéis

Srí Lanca

Oileán Mhaildíve

An India

Tagairtí:

Guthold R, Stevens GA, Riley LM, Bull FC. Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1.9 million participants. Lancet 2018 [http://dx.doi.org/10.1016/S2214-109X\(18\)30357-7](http://dx.doi.org/10.1016/S2214-109X(18)30357-7)