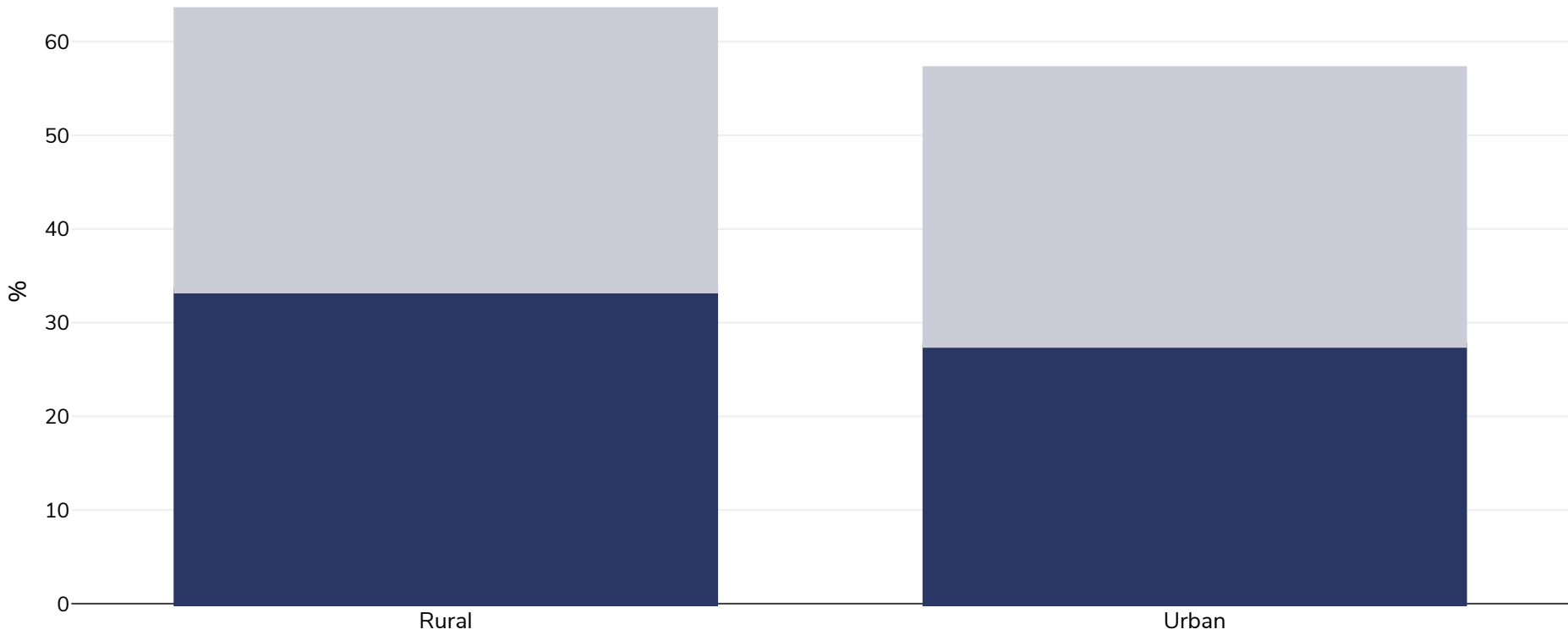


# Kazakhstan: Overweight/obesity by region

Adults, 2021-2022

■ Obesity ■ Overweight



<b>Survey type:</b>	Measured
<b>Age:</b>	18-69
<b>Sample size:</b>	6720
<b>Area covered:</b>	National
<b>References:</b>	Nursultanova L, Kabulbayev K, Ospanova D, Tazhiyeva A, Datkhayev U, Saliev T, Tanabayeva S, Fakhradiyev I. Prevalence of chronic kidney disease in Kazakhstan: evidence from a national cross-sectional study. Sci Rep. 2023 Sep 7;13(1):14710. doi: 10.1038/s41598-023-42031-2. PMID: 37679536; PMCID: PMC10485008.
<b>Notes:</b>	The STEPs questionnaire was used.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.