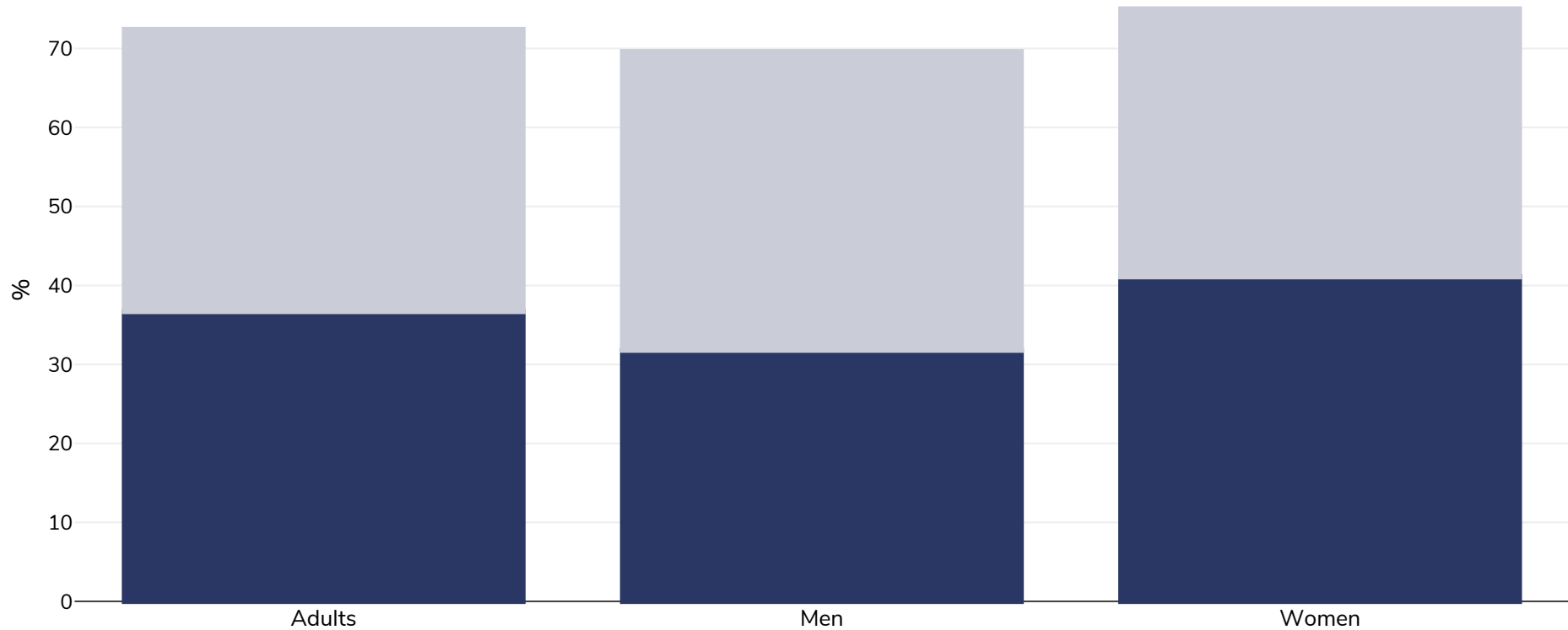


Mexico: Obesity prevalence

Adults, 2021

■ Obesity ■ Overweight



Survey type:	Measured
Age:	20+
Area covered:	National

References: Shamah-Levy T, Romero-Martínez M, Barrientos-Gutiérrez T, Cuevas-Nasu L, Bautista-Arredondo S, Colchero MA, Gaona-Pineda EB, Lazcano-Ponce E, Martínez-Barnette J, Alpuche-Arana C, Rivera-Dommarco J. Encuesta Nacional de Salud y Nutrición 2021 sobre Covid-19. Resultados nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2022. <https://ensanut.insp.mx/encuestas/ensanutcontinua2021/informes.php> (Accessed 03.01.2023)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².