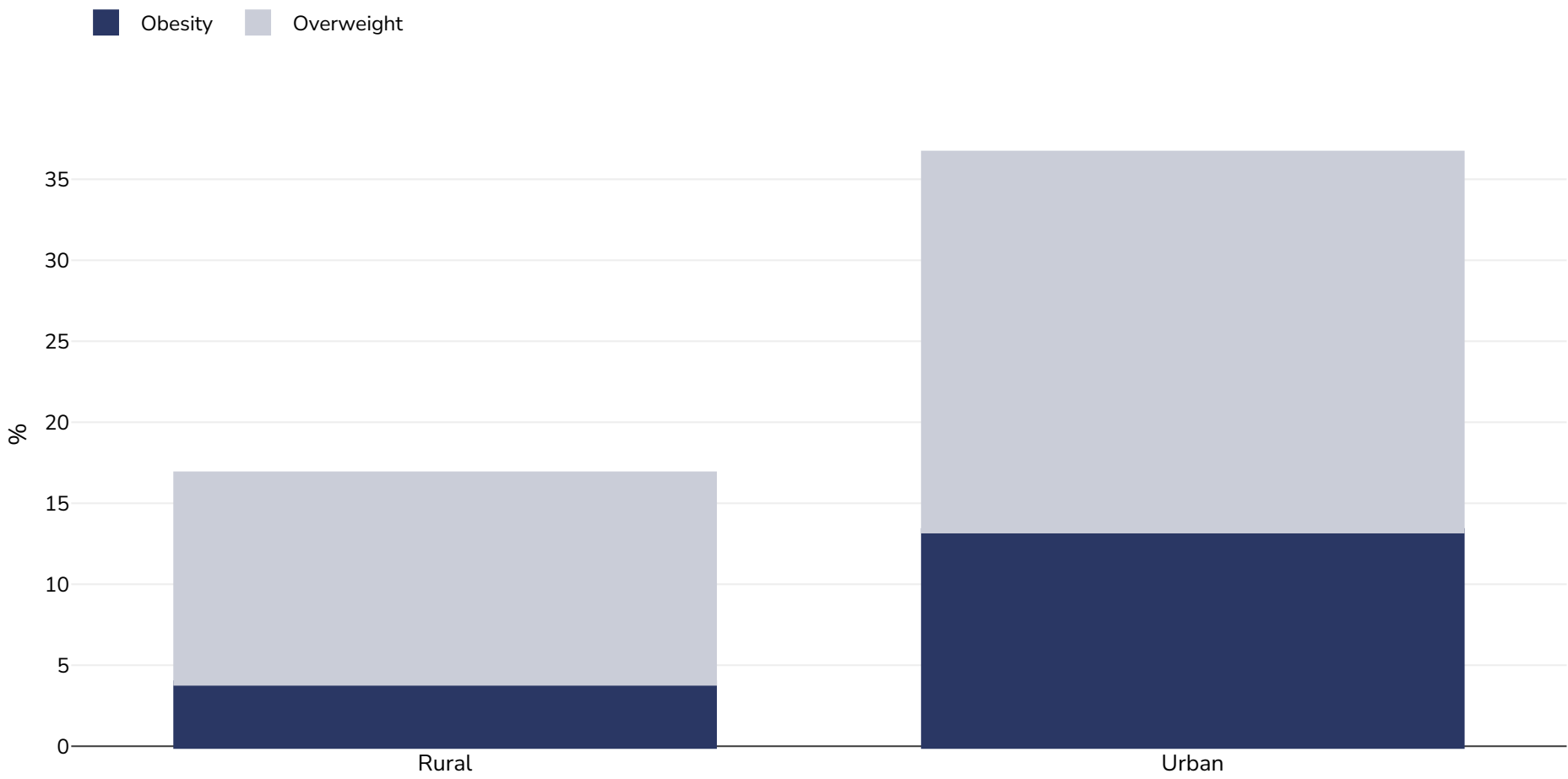


# Malawi: Overweight/obesity by region



Women, 2015-2016



|               |                                                                                                                                                                                                                                                        |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Survey type:  | Measured                                                                                                                                                                                                                                               |
| Age:          | 15-49                                                                                                                                                                                                                                                  |
| Sample size:  | 7180                                                                                                                                                                                                                                                   |
| Area covered: | National (women 15-49 only)                                                                                                                                                                                                                            |
| References:   | National Statistical Office - NSO/Malawi and ICF. 2017. Malawi Demographic and Health Survey 2015-16. Zomba, Malawi: NSO and ICF.                                                                                                                      |
| Notes:        | Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.<br><br>Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m². |