

# Vietnam: Overweight/obesity by region

Women, 2015

Overweight or obesity



Survey type: Measured

Age: 18-69

References: National Survey on the risk factors of non communicable diseases (STEPS) Viet Nam 2015. General Department of Preventive Medicine, Ministry of Health, HANOI 2016

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.