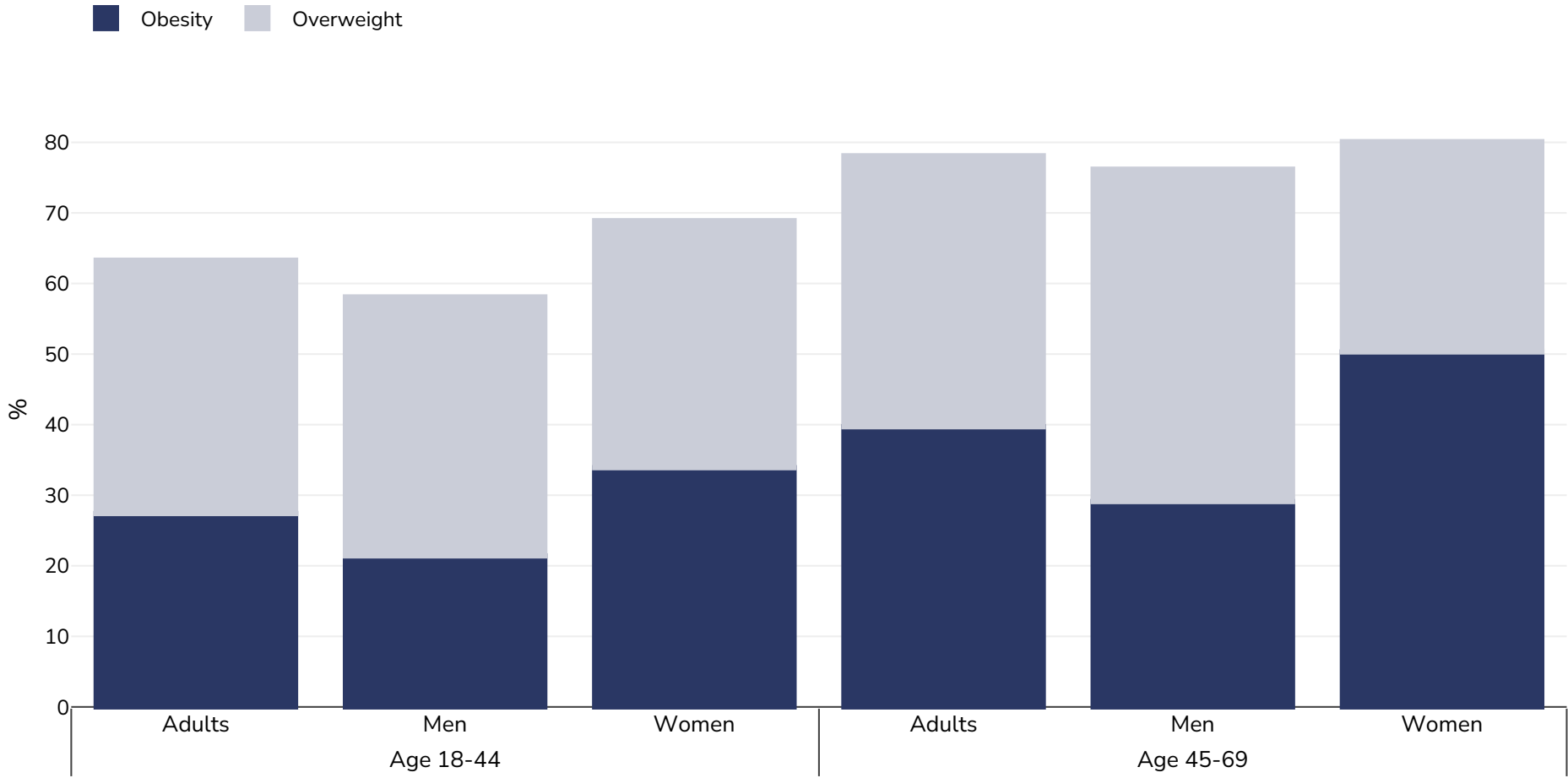


# Cayman Islands: Overweight/obesity by age



Adults, 2023



Survey type:	Measured
Sample size:	1700
Area covered:	National
References:	STEPS 2023 National Health Survey. <a href="https://www.gov.ky/health-wellness/steps-survey">https://www.gov.ky/health-wellness/steps-survey</a> (Accessed 13.05.25)
Notes:	Excludes pregnant women.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².