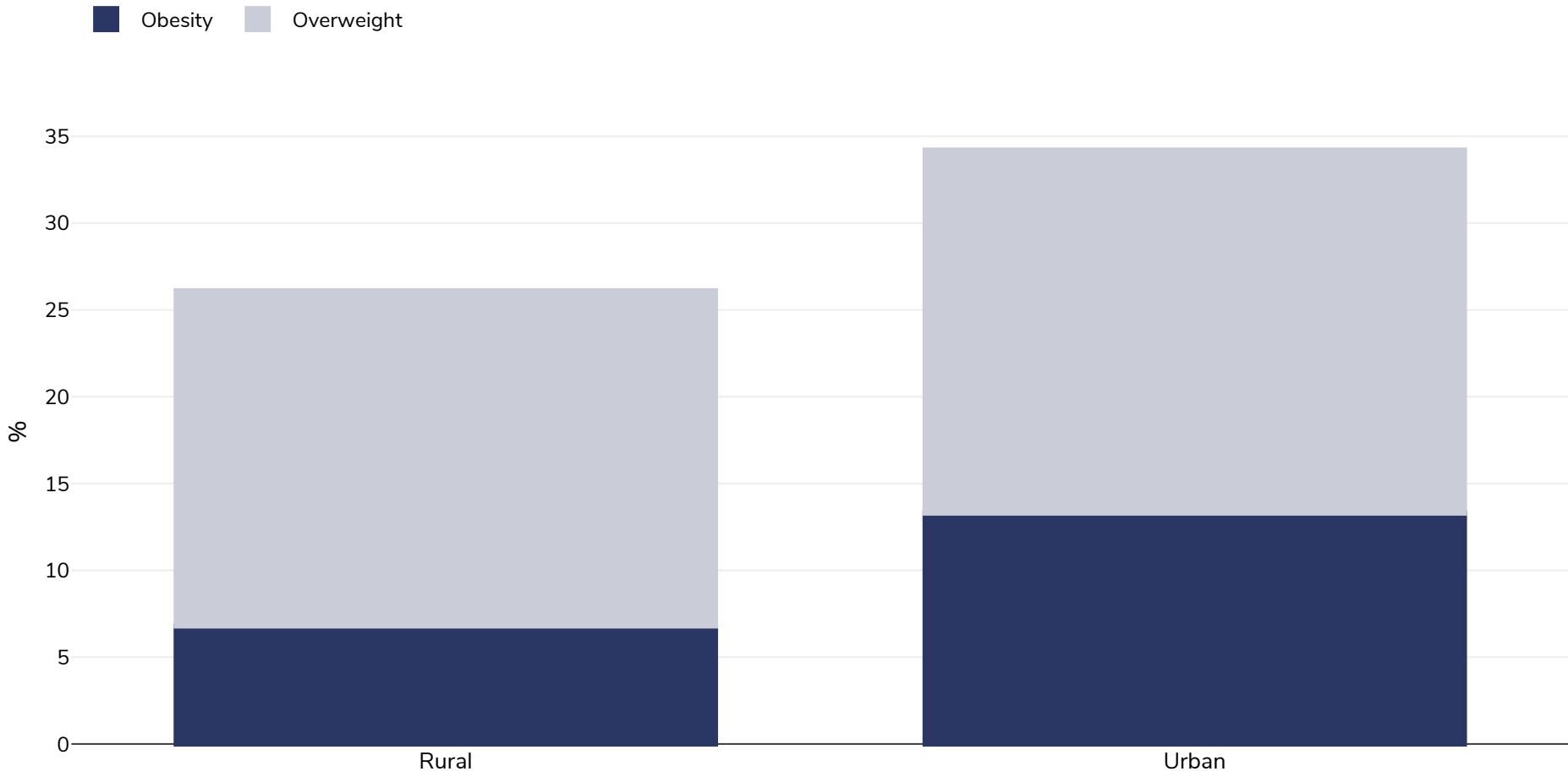


# South Africa: Overweight/obesity by region



Men, 2016



<b>Survey type:</b>	Measured
<b>Age:</b>	15+
<b>Sample size:</b>	3105 Men 4662 Women
<b>Area covered:</b>	National
<b>References:</b>	National Department of Health - NDoH, Statistics South Africa - Stats SA, South African Medical Research Council - SAMRC, and ICF. 2019. South Africa Demographic and Health Survey 2016. Pretoria, South Africa, and Rockville, Maryland, USA: NDoH, Stats SA, SAMRC, and ICF.
<b>Notes:</b>	Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59. Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m <sup>2</sup> , obesity refers to a BMI greater than 30kg/m <sup>2</sup> .