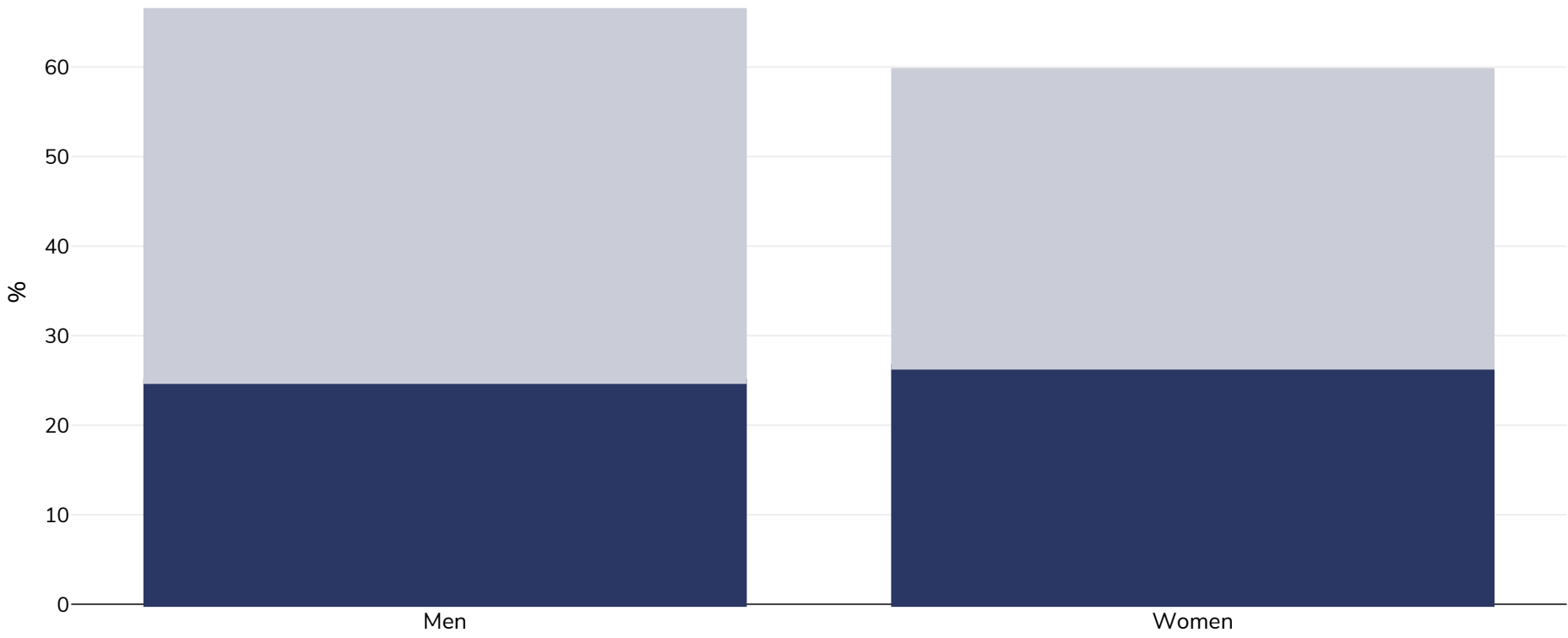


# Scotland: Obesity prevalence



Adults, 2008

■ Obesity ■ Overweight



Survey type:	Measured
Age:	16+
Sample size:	4115
Area covered:	National

References: Bromley C, Bradshaw P and Given L. (2009). 2008 Scottish Health Survey, Volume 1. The Scottish Government, Edinburgh.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.