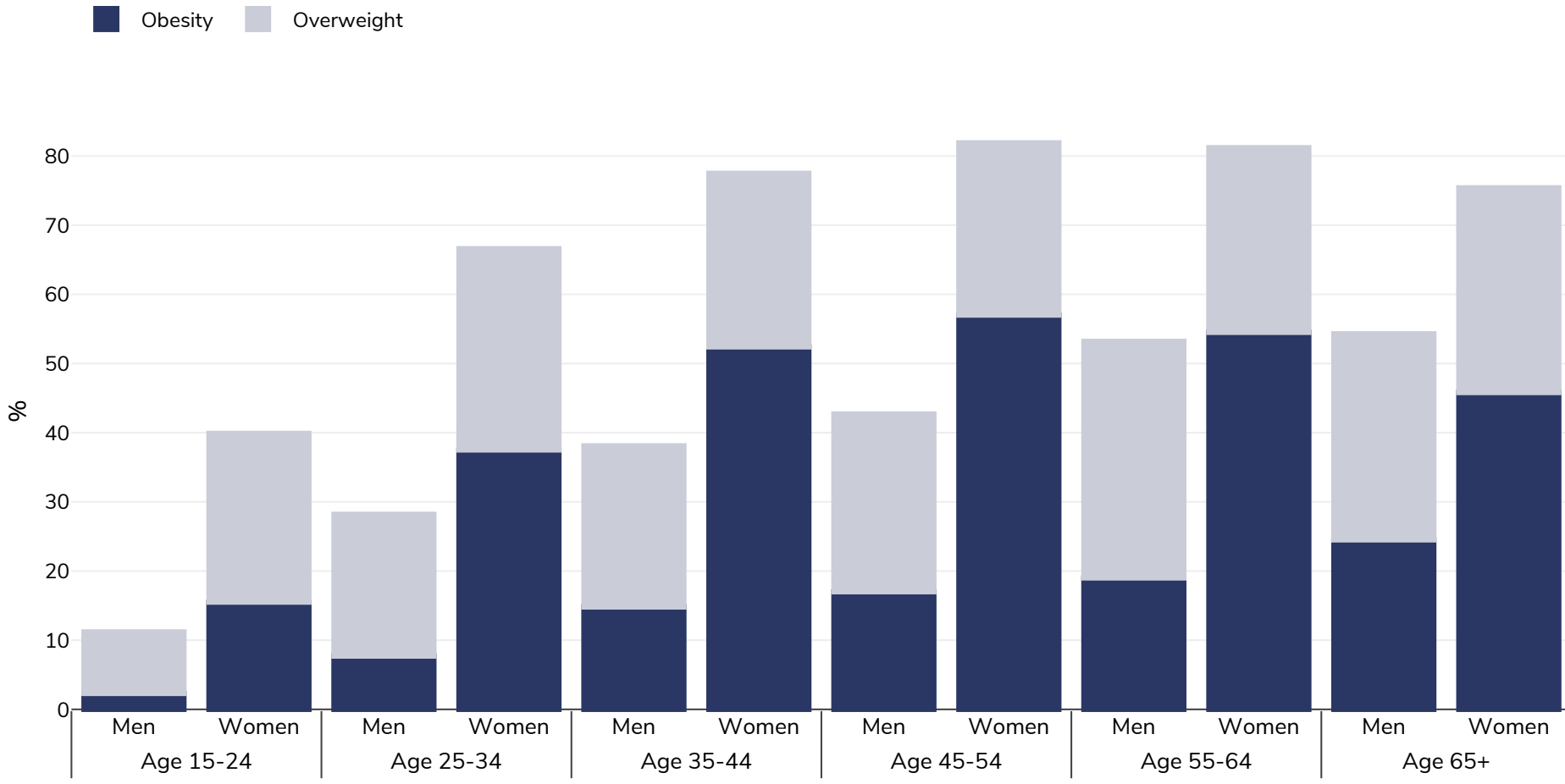


# South Africa: Overweight/obesity by age

Adults, 2016



**Survey type:** Measured

**Sample size:** 3105 Men 4662 Women

**Area covered:** National

**References:** South Africa Demographic Health Survey 2016

**Notes:** Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.  
 Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.