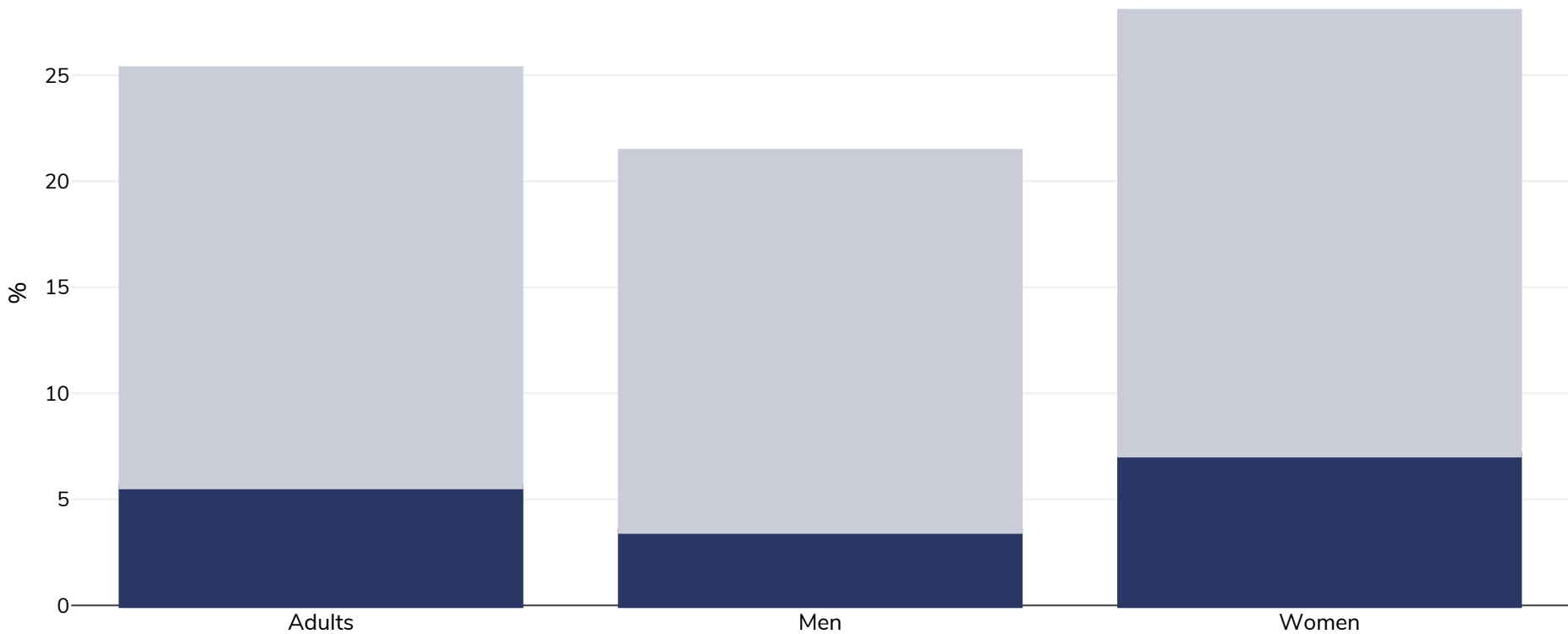


# Laos: Obesity prevalence

Adults, 2013

■ Obesity ■ Overweight



**Survey type:** Measured

**Age:** 18-64

**Sample size:** 2531

**Area covered:** National

**References:** Pengpid S, Vongloklam M, Kounnavong S et al. The prevalence of underweight and overweight/obesity and its correlates among adults in Laos: a cross-sectional national populationbased survey, 2013. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity* <https://doi.org/10.1007/s40519-018-0571-5>

**Notes:** Paper provides data using Asian Cut Offs. The data presented on map uses BMI 25-29,9 kg/m<sup>2</sup> overweight and BMI=>30 kg/m<sup>2</sup> Obesity. Downloadable graphics use Asia specific cut offs

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.