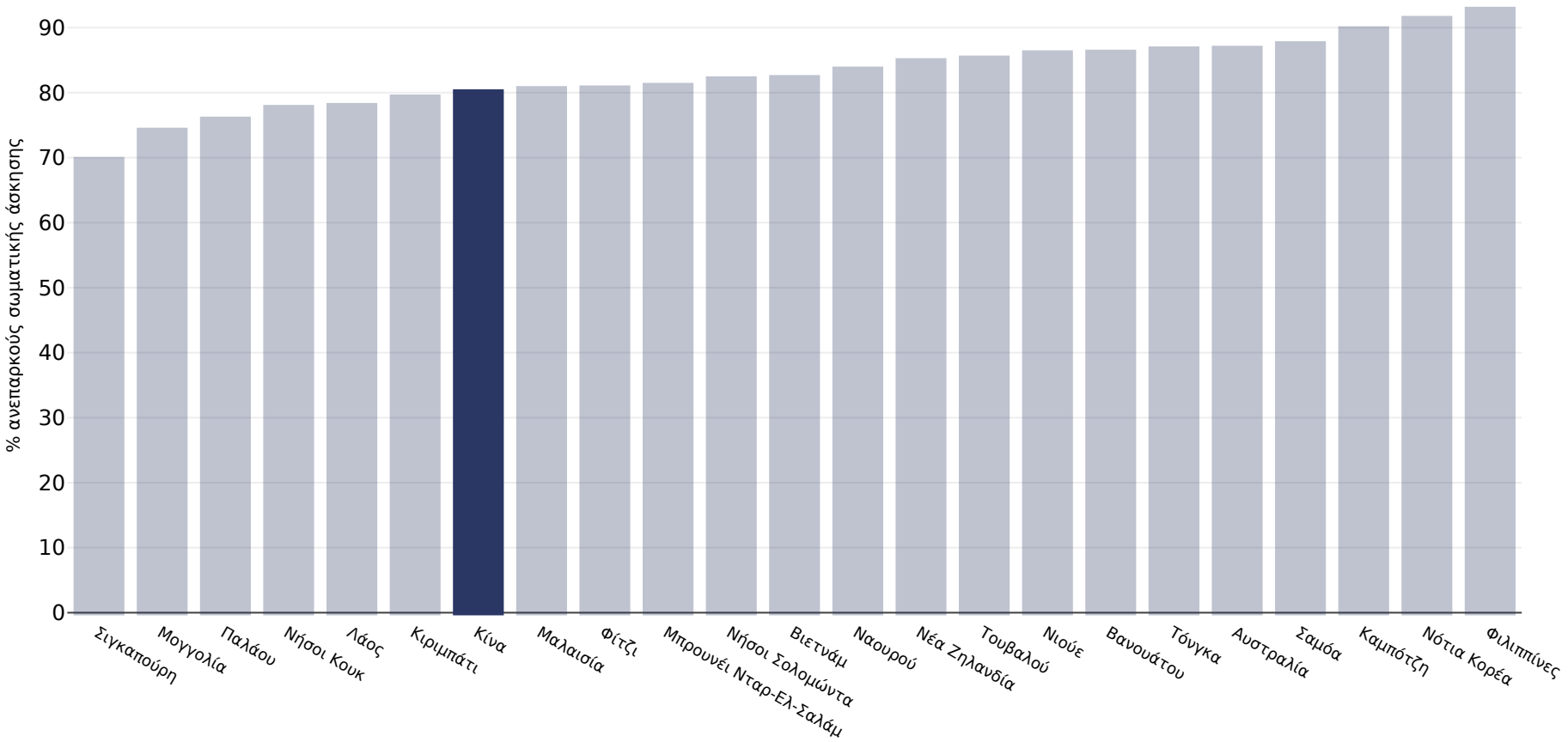
Îšî¯Î½Î±: Insufficient physical activity

Î‘Î³ÏŒÏ‚ Î¹Î±, 2016



Î¤Ï‚ Ï€Î¿Ï‚ Îµï…Î½Î±Ï‚:	Î‘Ï…Ï„Î¿Î±Î½Î±Ï†Îµï‚ ÏŒÎ¼Î½Î¿Î¹
Î—Î»Î¹ÎºÎ¯Î±:	11-17
Î Î±Ï‚ Î±Ï€Î¿Î¼Ï€Ï‚:	Global Health Observatory data repository, World Health Organisation, https://apps.who.int/gho/data/node.main.A893ADO?lang=en (last accessed 16.03.21)
ΣημειÏŽσεις:	% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.
ΟρισμοÎ¯:	% Adolescents insufficiently active (age standardised estimate)