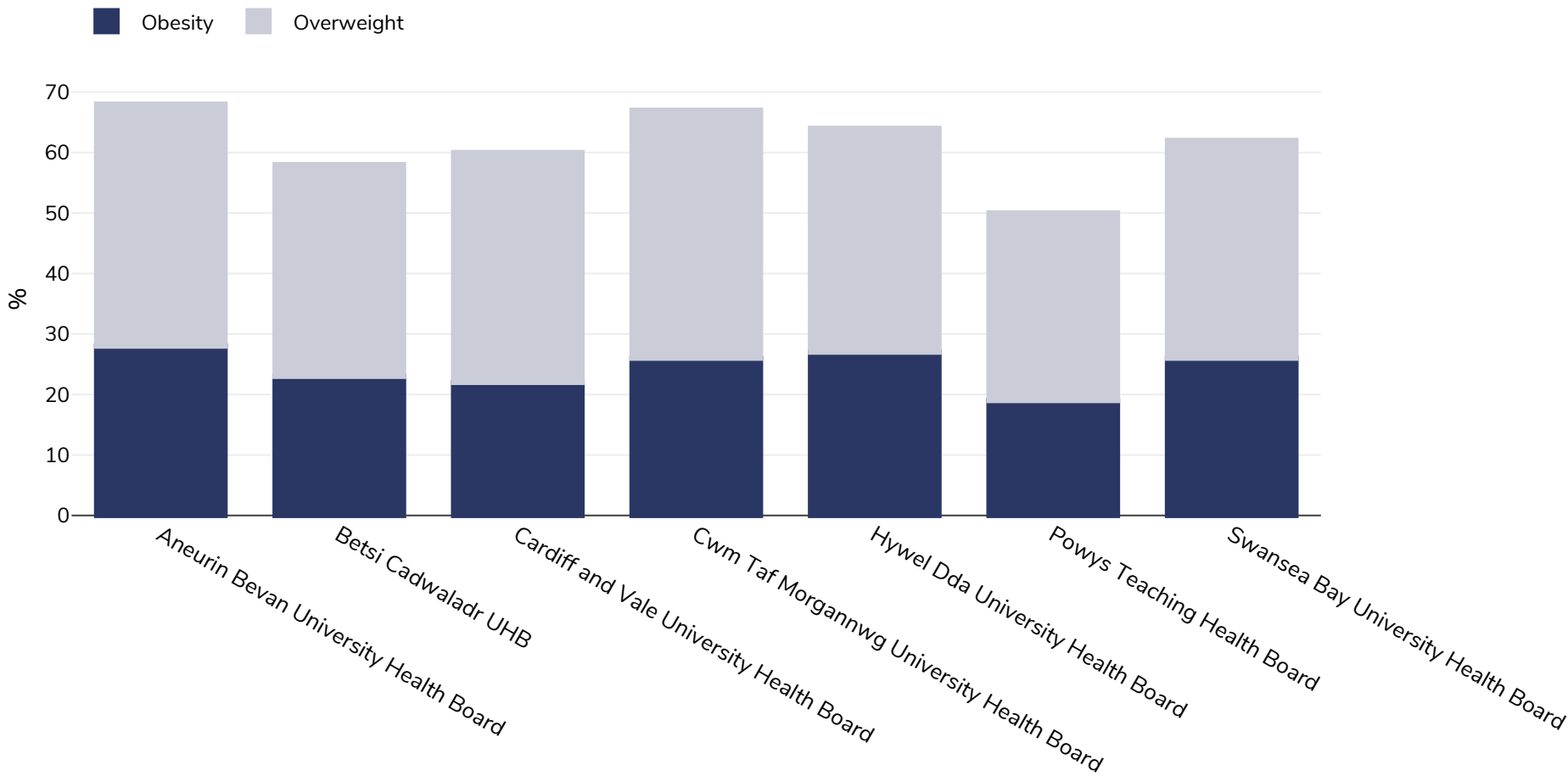


Wales: Overweight/obesity by region

Adults, 2021-2022



Survey type:	Self-reported
Age:	16+
Area covered:	National
References:	Welsh Health Survey, available at https://statswales.gov.wales/Catalogue/National-Survey-for-Wales/Population-Health/Adult-Lifestyles/adultlifestyles-by-year-from202021 (last accessed 25.04.23)
Notes:	Not comparable with earlier surveys as involved telephone rather than face to face interview Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m ² , obesity refers to a BMI greater than 30kg/m ² .