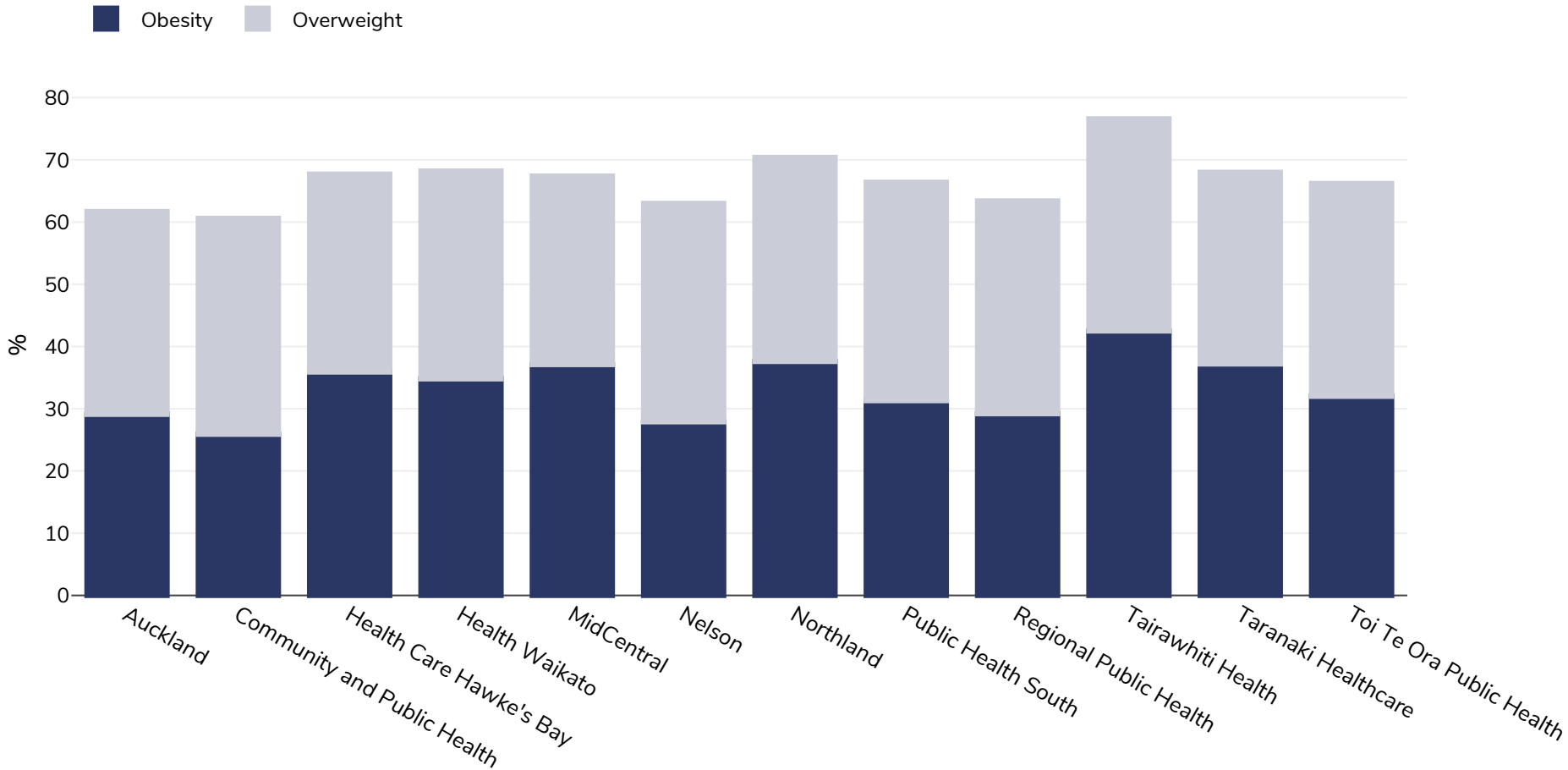


# New Zealand: Overweight/obesity by region

Adults, 2017-2019



Survey type:	Measured
Age:	15+
Sample size:	68580
Area covered:	National
References:	Ministry of Health. 2021. Regional Data Explorer 2017–2020: New Zealand Health Survey [Data File]. URL: <a href="https://minhealthnz.shinyapps.io/nz-health-survey-2017-2020-regional-update">https://minhealthnz.shinyapps.io/nz-health-survey-2017-2020-regional-update</a>
Notes:	Some region names have been shortened, see survey for full region names

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.