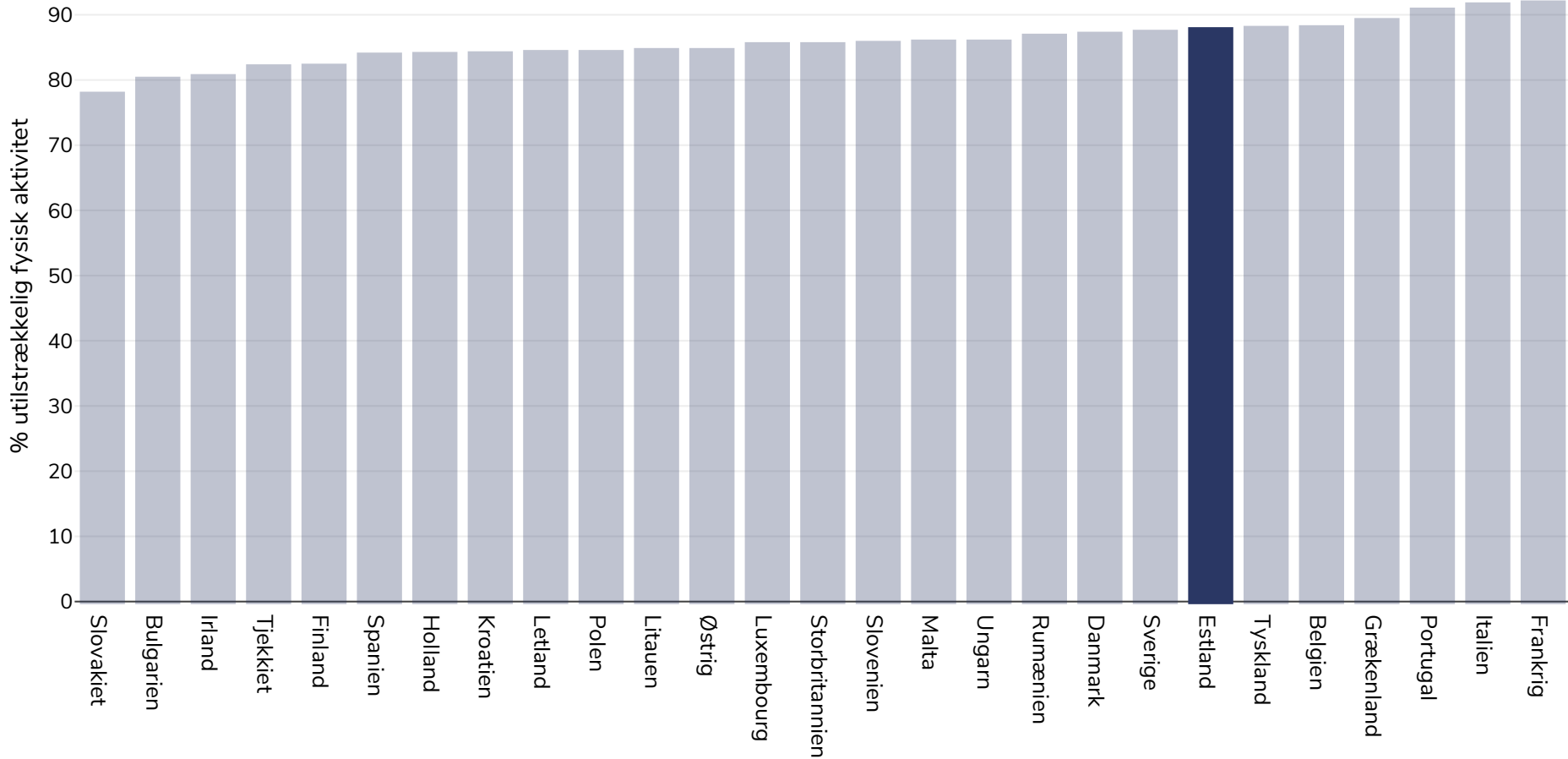


# Estland: Insufficient physical activity

Piger, 2016



Undersøgelsestype:

Selvrapporteret

Alder:

11-17

Referencer:

Global Health Observatory data repository, World Health Organisation, <https://apps.who.int/gho/data/node.main.A893ADO?lang=en> (last accessed 16.03.21)

Noter (kun tilgængelige på engelsk):

% of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.

Definitioner (kun tilgængelig på engelsk):

% Adolescents insufficiently active (age standardised estimate)