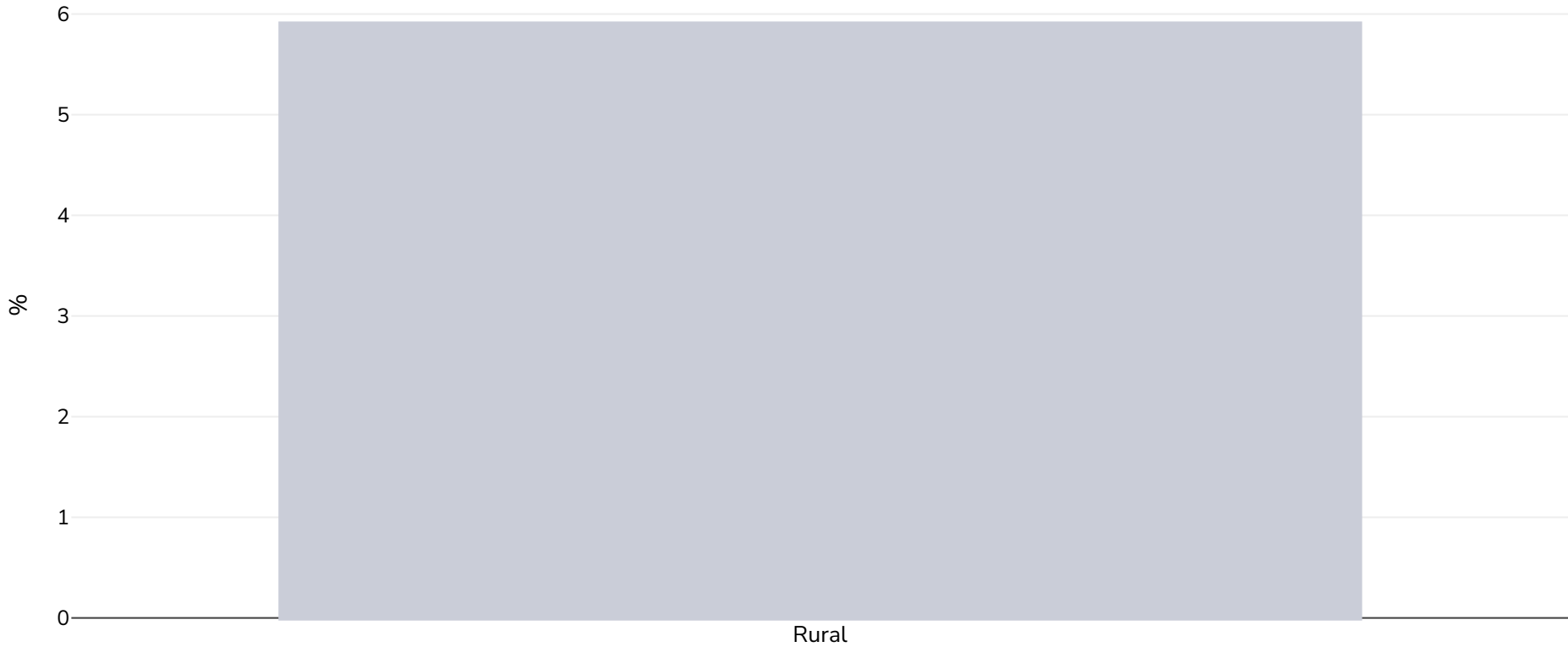


# Zambia: Overweight/obesity by region

## Girls, 2013-2014

Overweight



<b>Survey type:</b>	Measured
<b>Age:</b>	15-19
<b>Sample size:</b>	2736
<b>Area covered:</b>	National
<b>References:</b>	Benedict, Rukundo K., Allison Schmale, and Sorrel Namaste. 2018. Adolescent Nutrition 2000-2017: DHS Data on Adolescents Age 15-19. DHS Comparative Report No. 47. Rockville, Maryland, USA: ICF. Central Statistical Office/Zambia, Ministry of Health/Zambia, and ICF International. 2014. Zambia Demographic and Health Survey 2013-14. Rockville, Maryland, USA: Central Statistical Office/Zambia, Ministry of Health/Zambia, and ICF International.
<b>Definitions:</b>	BMI for age: between +1 SD and +2 SD is overweight and greater than +2 SD is obesity
<b>Cutoffs:</b>	WHO 2007