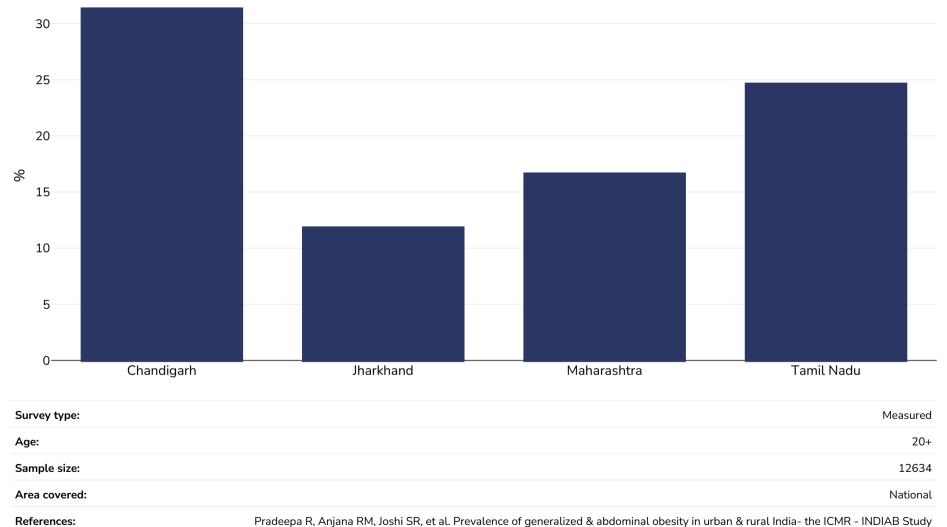
## India: Overweight/obesity by region

## Adults, 2008-2010

Notes:

Overweight or obesity





(Phase-I) [ICMR - INDIAB-3]. The Indian Journal of Medical Research. 2015;142(2):139-150. doi:10.4103/0971-5916.164234.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

the World Health Organization Asia Pacific Guidelines).

Prevalence of overweight and obesity by region. Generalized obesity (GO) was defined as a BMI ≥ 25 kg/m2 for both genders (based on