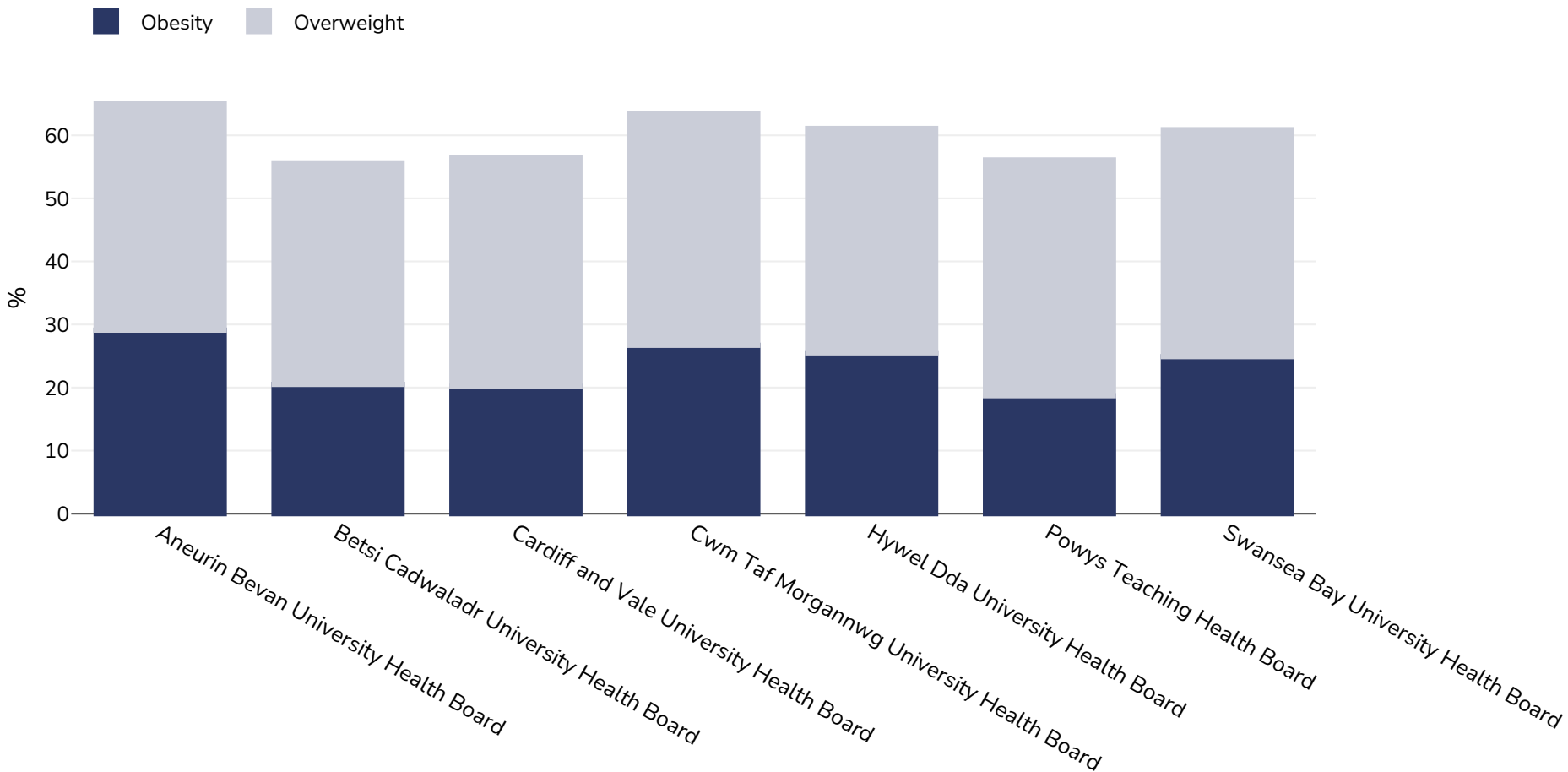


Wales: Overweight/obesity by region



Adults, 2019-2020



| | |
|---------------|--|
| Survey type: | Self-reported |
| Age: | 16+ |
| Sample size: | 5786 |
| Area covered: | National |
| References: | National Health Survey for Wales 2019-20. https://statswales.gov.wales/Catalogue/National-Survey-for-Wales/Population-Health/Adult-Lifestyles (last accessed 30.09.20) |

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².