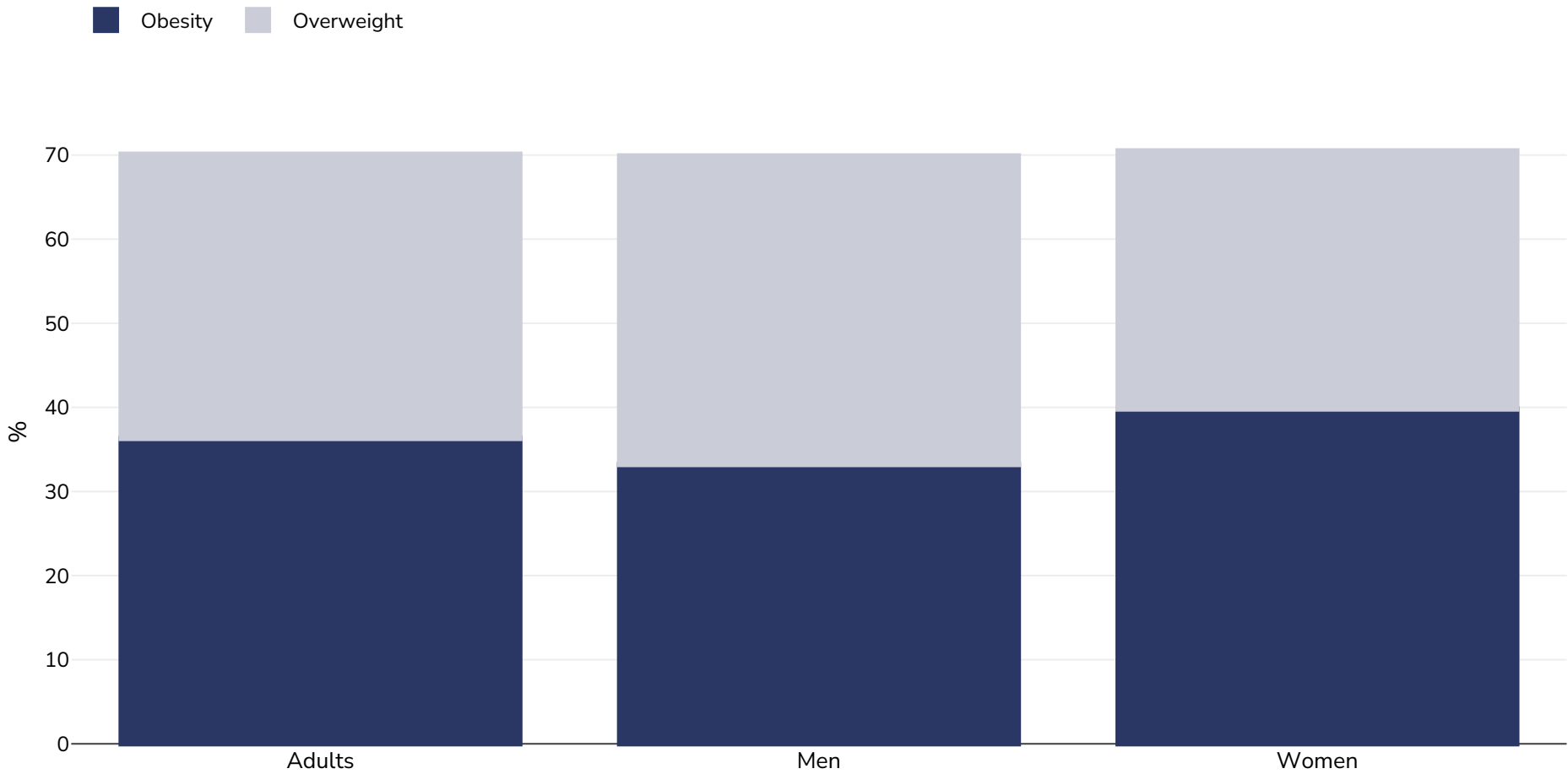


# Malaysia: Obesity prevalence



Adults, 2023



Survey type:	Measured
Age:	18+
Sample size:	10130
Area covered:	National
References:	Institute for Public Health (IKU). National Health and Morbidity Survey (NHMS) 2023: Non-Communicable Diseases and Healthcare Demand: Technical Report; 2024. Available at <a href="https://iku.nih.gov.my/nhms-2023">https://iku.nih.gov.my/nhms-2023</a> (last accessed 04.02.25)
Definitions:	The Malaysian Clinical Practice Guideline Management of Obesity (2023), Overweight BMI 23-27.4kg/m2, Obesity =>27.5 kg/m2
Cutoffs:	Overweight BMI 23-27.4kg/m2, Obesity =>27.5 kg/m2
Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².	