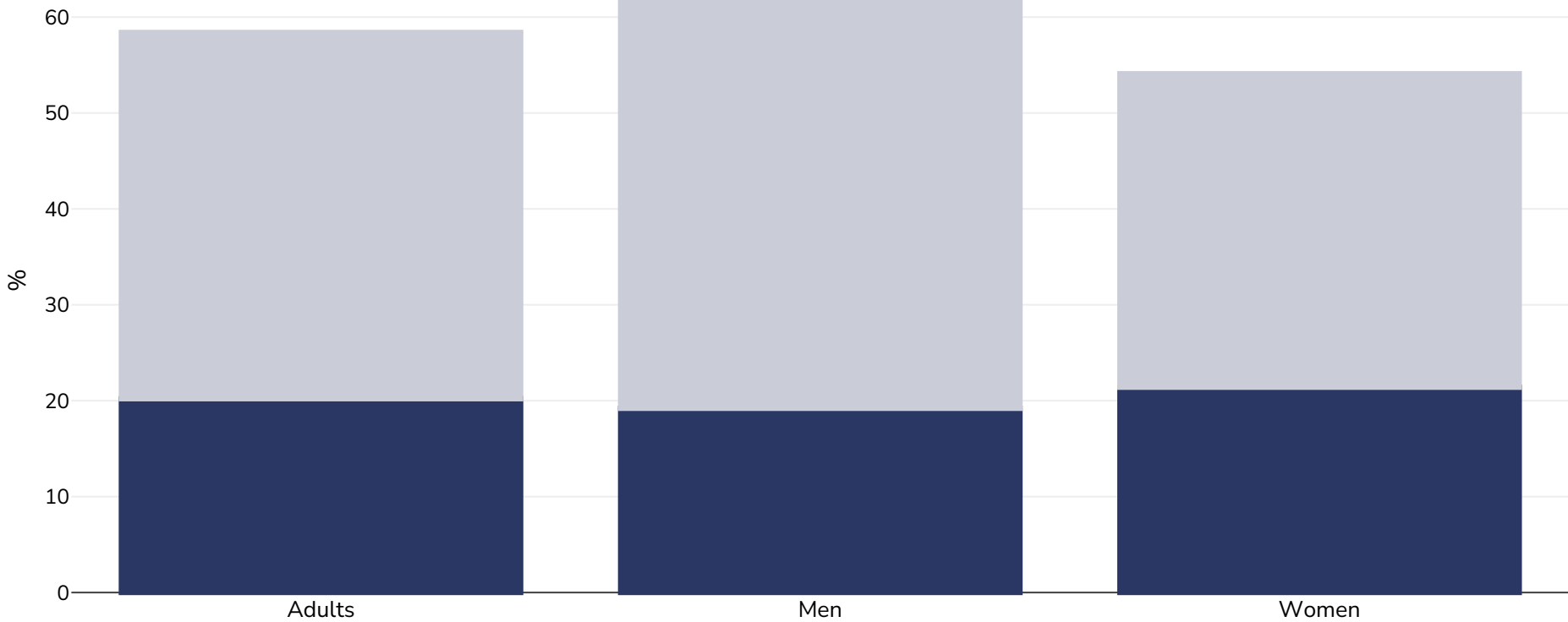


# Saudi Arabia: Obesity prevalence

Adults, 2019

■ Obesity ■ Overweight



Survey type:	Measured
Age:	18+
Sample size:	7890
Area covered:	National
References:	2019 Kingdom of Saudi Arabia World Health Survey. <a href="https://www.moh.gov.sa/en/Ministry/Statistics/Population-Health-Indicators/Documents/World-Health-Survey-Saudi-Arabia.pdf">https://www.moh.gov.sa/en/Ministry/Statistics/Population-Health-Indicators/Documents/World-Health-Survey-Saudi-Arabia.pdf</a> (Accessed 16.11.2021)

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.