Lesotho: Overweight/obesity by region

Overweight

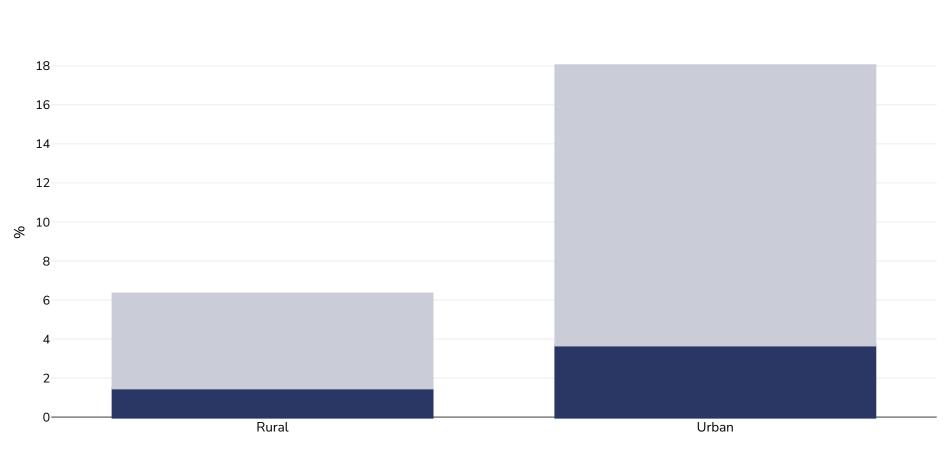
WORLD

Sample size = 3682 women and 2908 men

Men, 2009

Notes:

Obesity



Survey type:	Measured
Age:	15-49
Sample size:	6590
Area covered:	National
References:	Ministry of Health and Social Welfare - MOHSW/Lesotho and ICF Macro. 2010. Lesotho Demographic and Health Survey 2009. Maseru, Lesotho: MOHSW and ICF Macro.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².