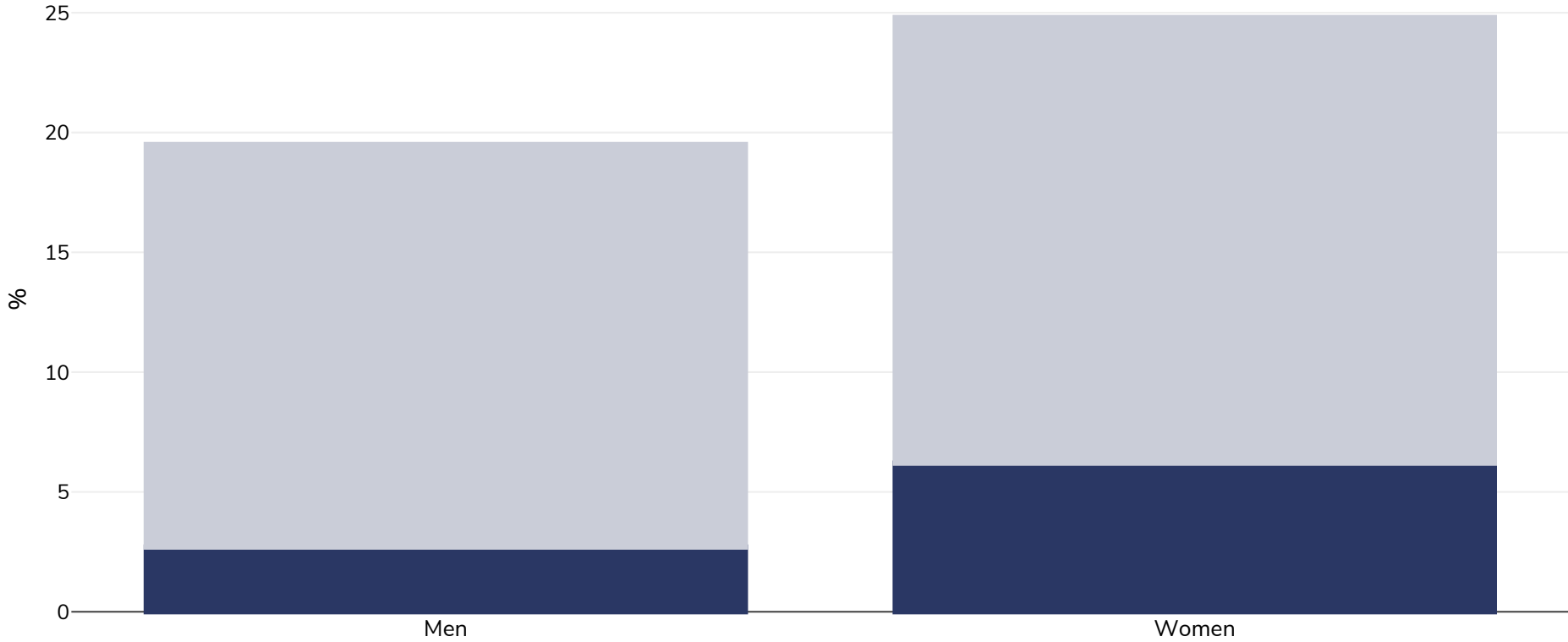


# Cuba: Obesity prevalence

Adults, 1993

■ Obesity   ■ Overweight



**Survey type:** Measured

**Age:** 20-64

**Sample size:** 3995

**References:** Rodriguez-Ojea A, Jimenez S, Berdasco A, Esquivel M. The nutrition transition in Cuba in the nineties:an overview. Public health Nutrition 2002;5(1A), 129-133

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.