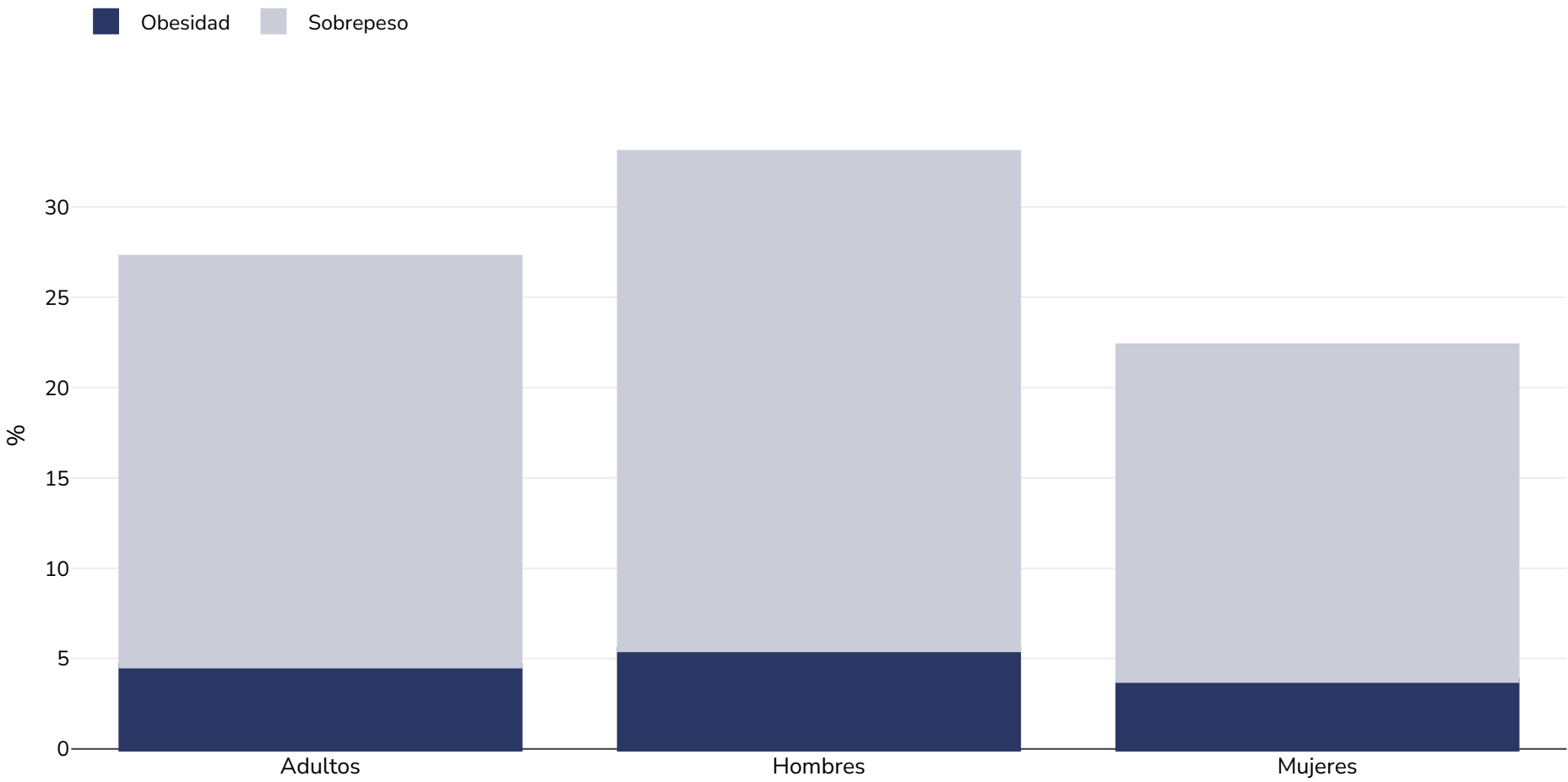


Japón: Prevalencia de obesidad

Adultos, 2019



Tipo de encuesta:	Medido
Edad:	20+
Tamaño de la muestra:	4273
Zona abarcada:	Nacional
Referencias:	Ministry of Health, Labor and Welfare. The National Health and Nutrition Survey (NHNS) Japan, 2019 (English Summary) . Available at https://www.nibiohn.go.jp/eiken/kenkounippon21/download_files/eiyouchousa/2019.pdf (last accessed 22.09.22)
Notas:	Excel results with a breakdown of BMI 25-29.9 & 30=> available at https://www.e-stat.go.jp/stat-search/files?page=1&layout=datalist&toukei=00450171&tstat=000001041744&cycle=7&tclass1=000001148507&tclass2val=0
Definiciones (solo disponible en inglés):	The Japanese Society for the Study of Obesity cutoffs define BMI ≥ 25 as obesity. As this study reports BMI by 25-29.9 & 30 this is shown here to allow for comparison with non-Asian WHO cutoffs.

A menos que se indique lo contrario, el sobrepeso se refiere a un IMC entre 25 kg y 29,9 kg/m² y la obesidad se refiere a un IMC superior a 30 kg/m²..