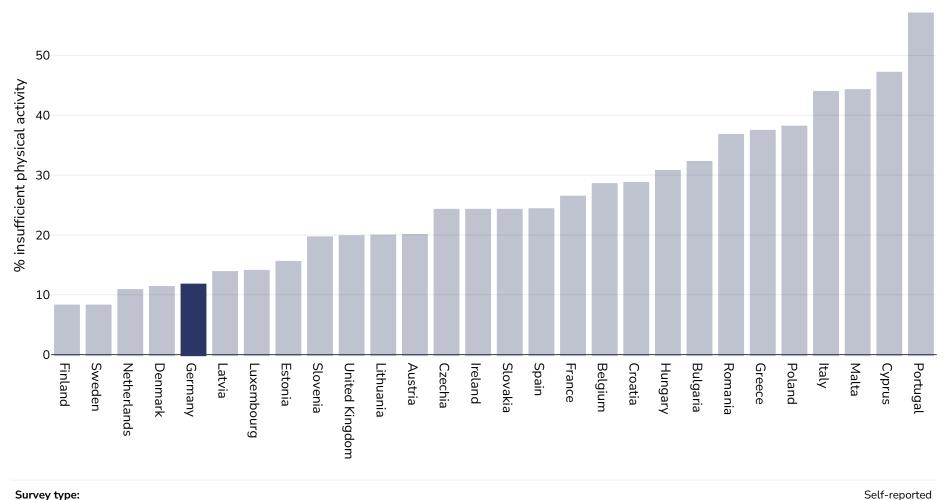
Germany: Insufficient physical activity

Women, 2022





Age: 18+

Area covered:
National

WHO (2024). Prevalence of insufficient physical activity among adults aged 18-years age-standardized estimate in 2022. Available at <a href="https://www.who.int/data/gho/data/indicators/indicator-details/GHO/prevalence-of-insufficient-physical-activity-among-adults-aged-19-years-data-data-indicator-details-data-indicator-data-in

18-years-(age-standardized-estimate)-(-)

Definitions:

References:

Percent of population attaining less than 150 minutes of moderate-intensity physical activity per week, or less than 75 minutes of vigorous-intensity physical activity per week, or equivalent.