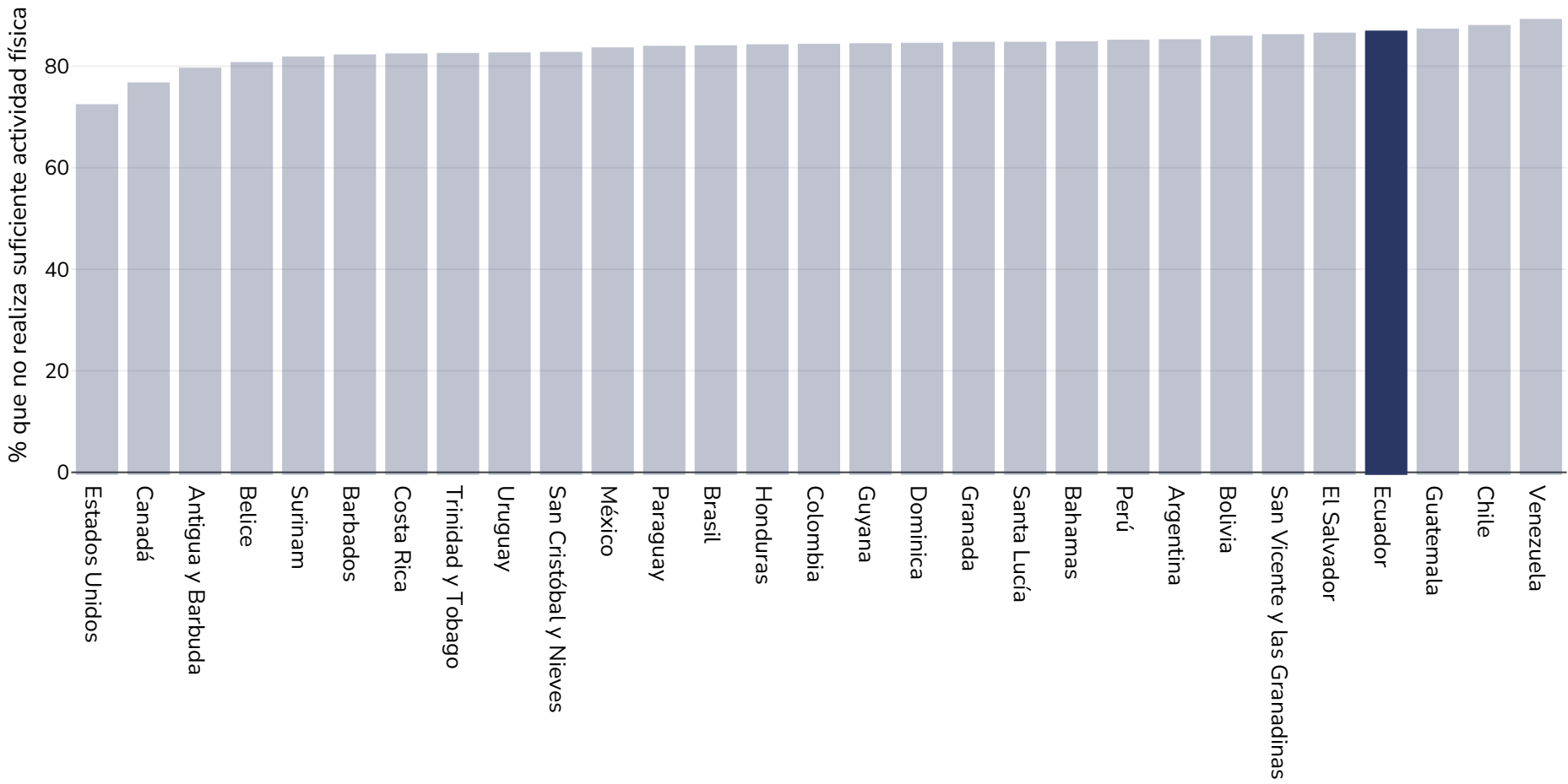


# Ecuador: Insufficient physical activity



Niños, 2016



|                                           |                                                                                                                                                                                                                              |
|-------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Tipo de encuesta:                         | Autodeclarado                                                                                                                                                                                                                |
| Edad:                                     | 11-17                                                                                                                                                                                                                        |
| Referencias:                              | Global Health Observatory data repository, World Health Organisation, <a href="https://apps.who.int/gho/data/node.main.A893ADO?lang=en">https://apps.who.int/gho/data/node.main.A893ADO?lang=en</a> (last accessed 16.03.21) |
| Notas:                                    | % of school going adolescents not meeting WHO recommendations on Physical Activity for Health, i.e. doing less than 60 minutes of moderate- to vigorous-intensity physical activity daily.                                   |
| Definiciones (solo disponible en inglés): | % Adolescents insufficiently active (age standardised estimate)                                                                                                                                                              |