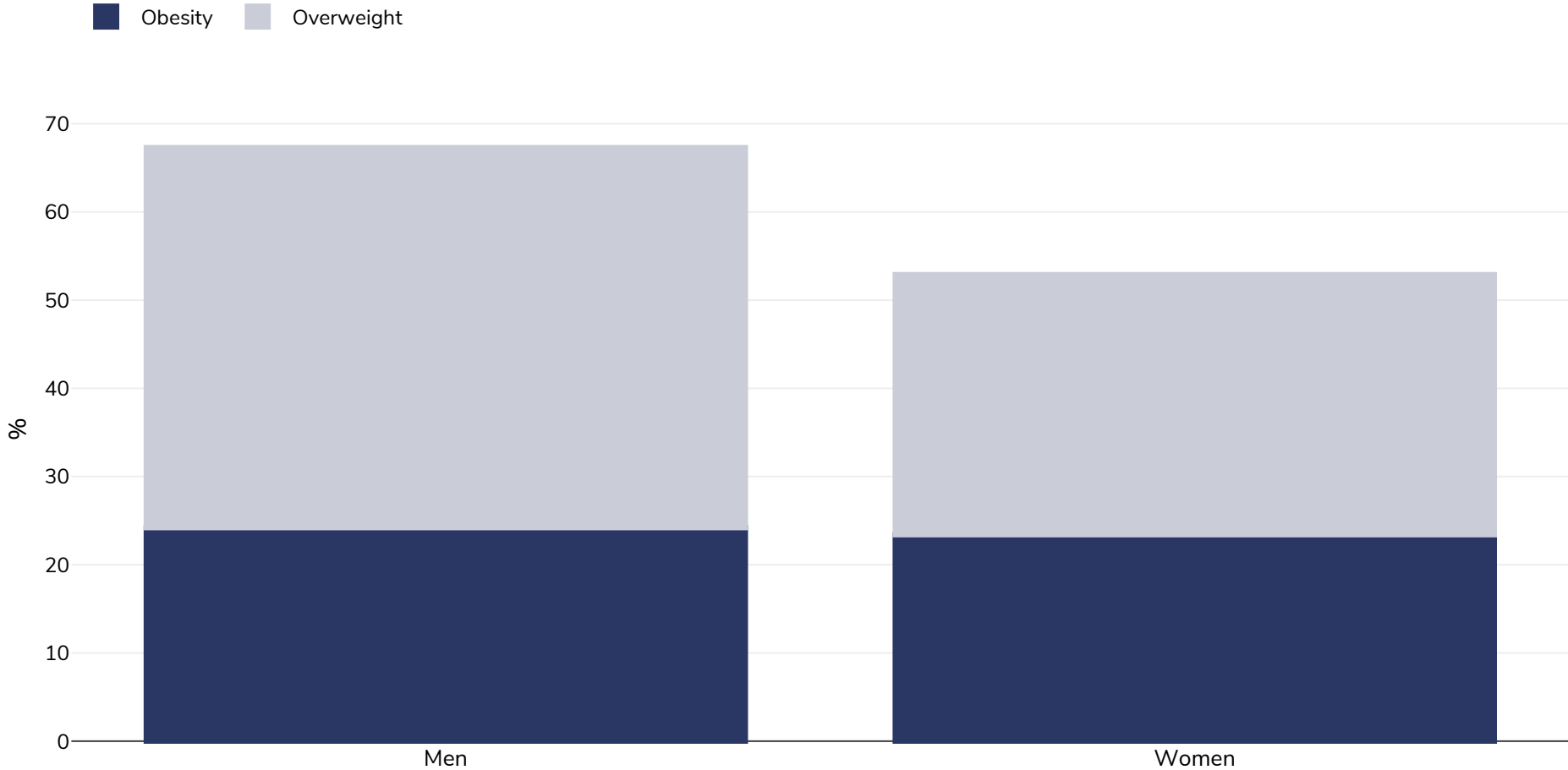


# Poland: Obesity prevalence

Adults, 2013-2014



<b>Survey type:</b>	Measured
<b>Age:</b>	20-74
<b>Sample size:</b>	6164
<b>Area covered:</b>	National

**References:** Stepaniak, U. et al. (2016) 'Prevalence of general and abdominal obesity and overweight among adults in Poland. Results of the WOBASZ II study (2013-2014) and comparison with the WOBASZ study (2003-2005)', Pol Arch Med Wewn, 18; 126(9), pp. 662-671. doi: 10.20452/pamw.3499

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.