South Africa: Overweight/obesity by region

Overweight

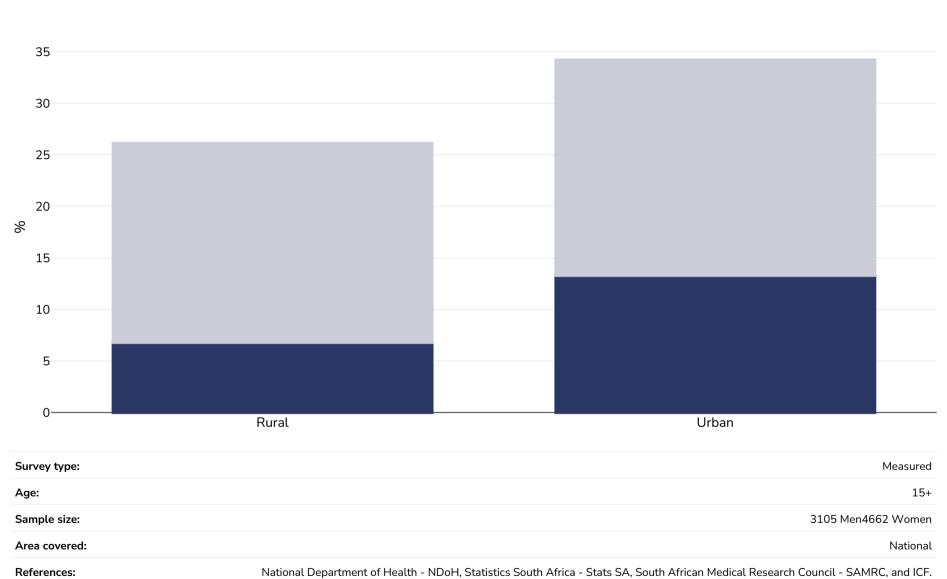
WORLD

SAMRC, and ICF.

Men, 2016

Notes:

Obesity



2019. South Africa Demographic and Health Survey 2016. Pretoria, South Africa, and Rockville, Maryland, USA: NDoH, Stats SA,

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m², obesity refers to a BMI greater than 30kg/m².

Demographic Health Survey data includes ever married women aged 15-49 years only and may include males aged 15-59.