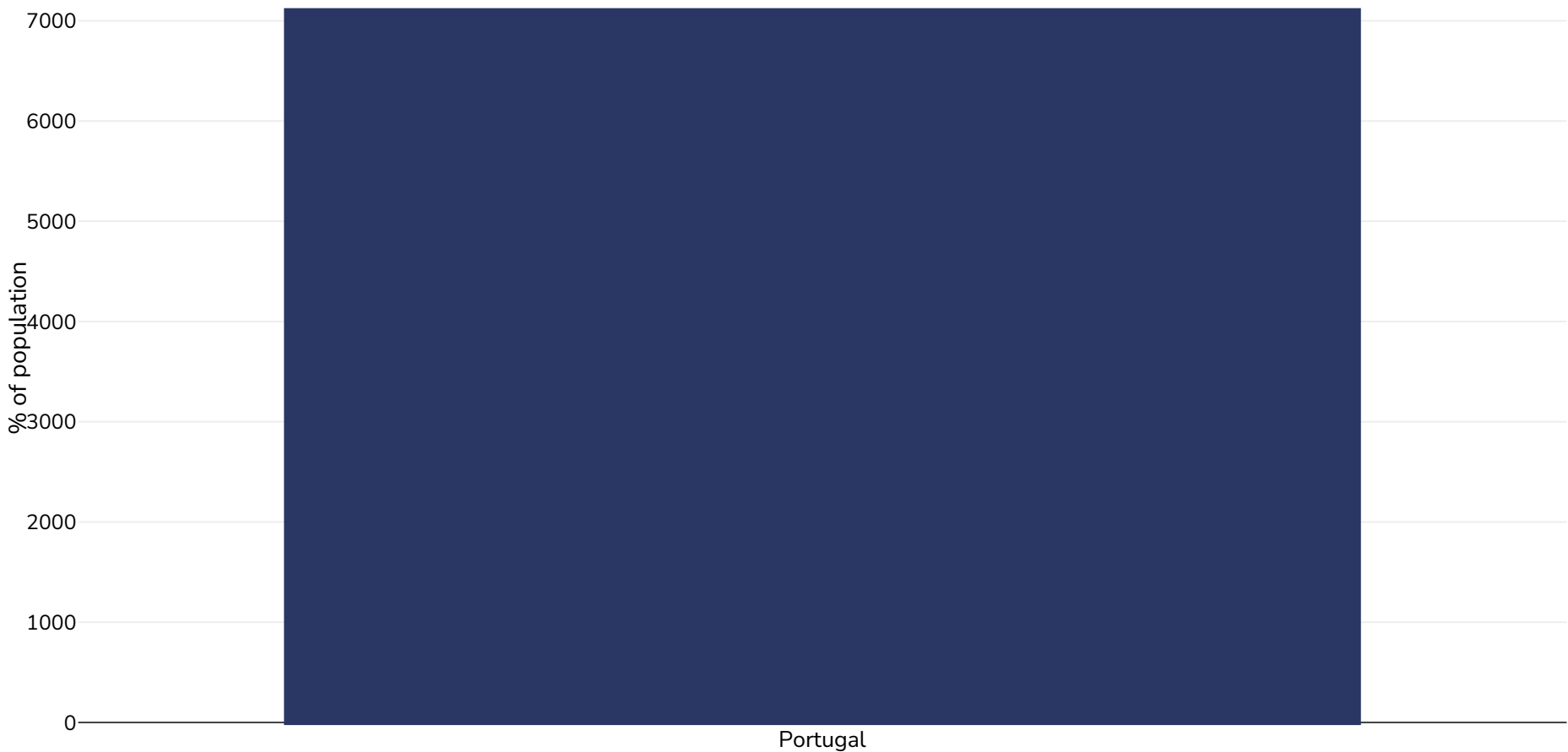


# Portugal: Mental health - anxiety disorders

Men, 2021



|              |                                                                                                                                                                                                                                                                                                                              |
|--------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Age:         | 20+                                                                                                                                                                                                                                                                                                                          |
| References:  | Institute for Health Metrics and Evaluation (IHME). GBD Compare Data Visualization. Global Burden of Disease (GBD) Study 2021. Seattle, WA: IHME, University of Washington, 2023. Available from <a href="http://vizhub.healthdata.org/gbd-compare">http://vizhub.healthdata.org/gbd-compare</a> . (Last accessed 23.04.25). |
| Definitions: | Number living with anxiety per 100,000 population                                                                                                                                                                                                                                                                            |