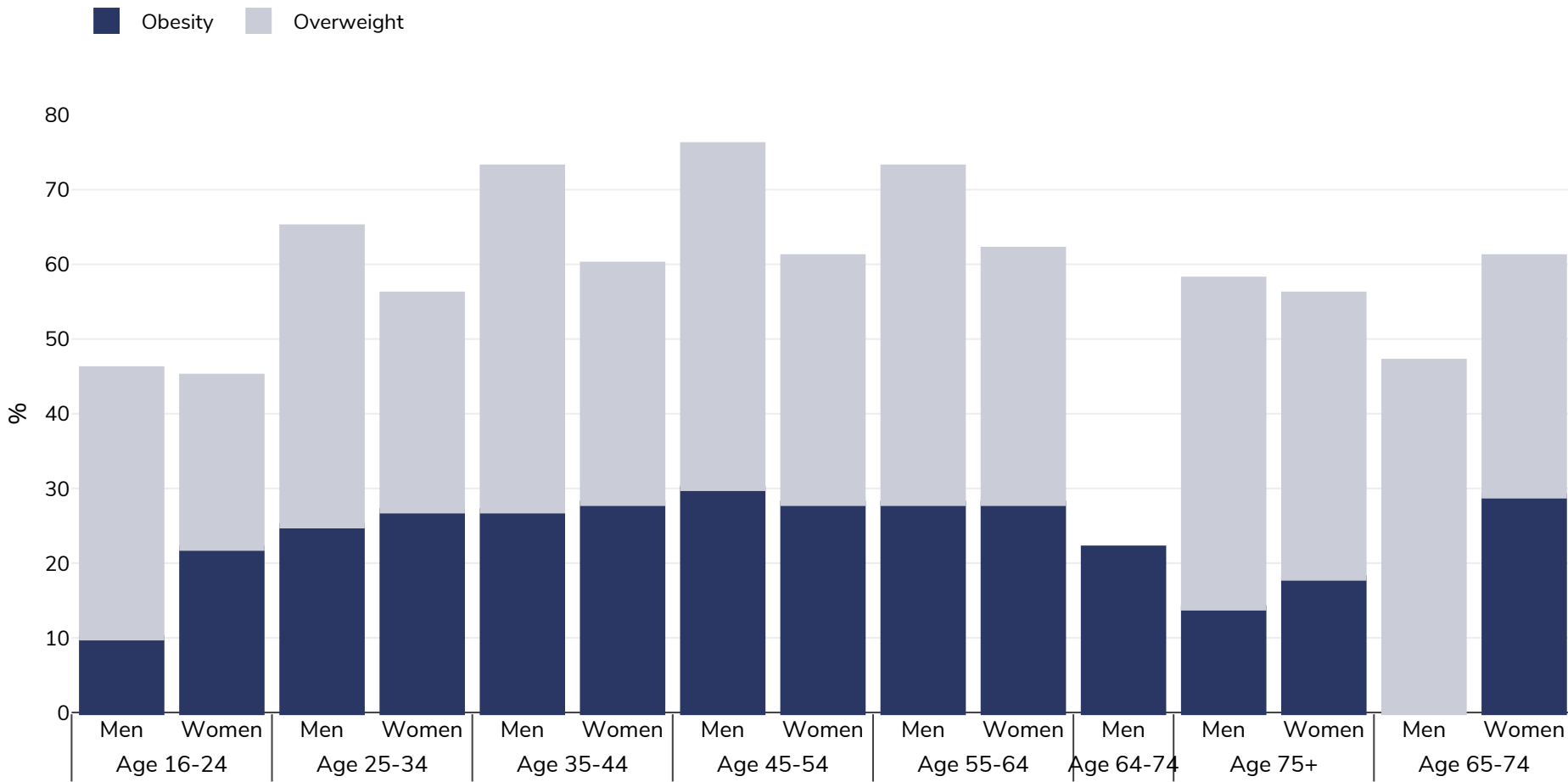


# Wales: Overweight/obesity by age

Adults, 2021-2022



**Survey type:** Self-reported

**Area covered:** National

**References:** Welsh Health Survey, available at <https://statswales.gov.wales/Catalogue/National-Survey-for-Wales/Population-Health/Adult-Lifestyles/adultlifestyles-by-year-from202021> (last accessed 25.04.23)

**Notes:** Not comparable with earlier surveys as involved telephone rather than face to face interview

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.