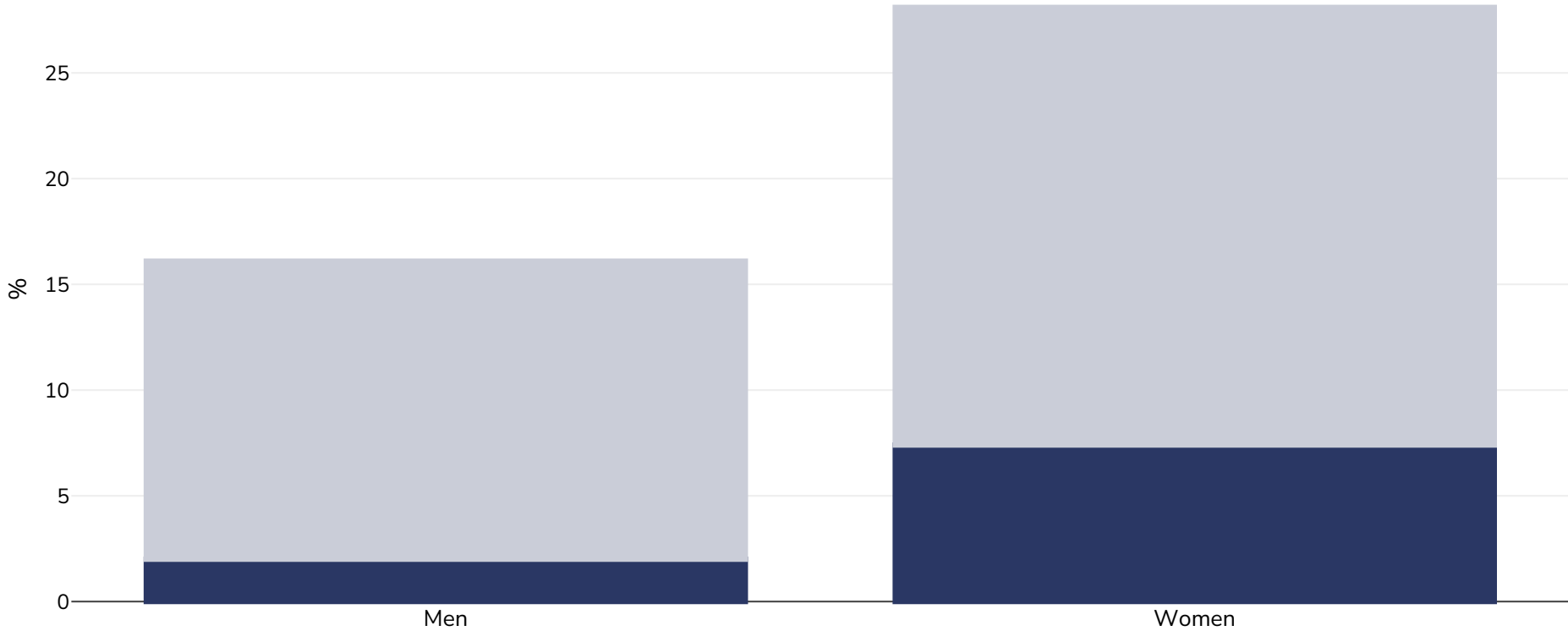


# Malawi: Obesity prevalence

Adults, 2009

■ Obesity   ■ Overweight



Survey type:	Measured
Age:	25-64
Sample size:	4845
Area covered:	National

**References:** NCD Steps 2009. Msyamboza KP, Kathyola D, Dzowela T. Anthropometric measurements and prevalence of underweight, overweight and obesity in adult Malawians: nationwide population based NCD STEPS survey. Pan African Medical Journal. 2013; 15:108. doi:10.11604/pamj.2013.15.108.2622 <http://www.panafrican-med-journal.com/content/article/15/108/full/> accessed 26th Nov 2013

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.