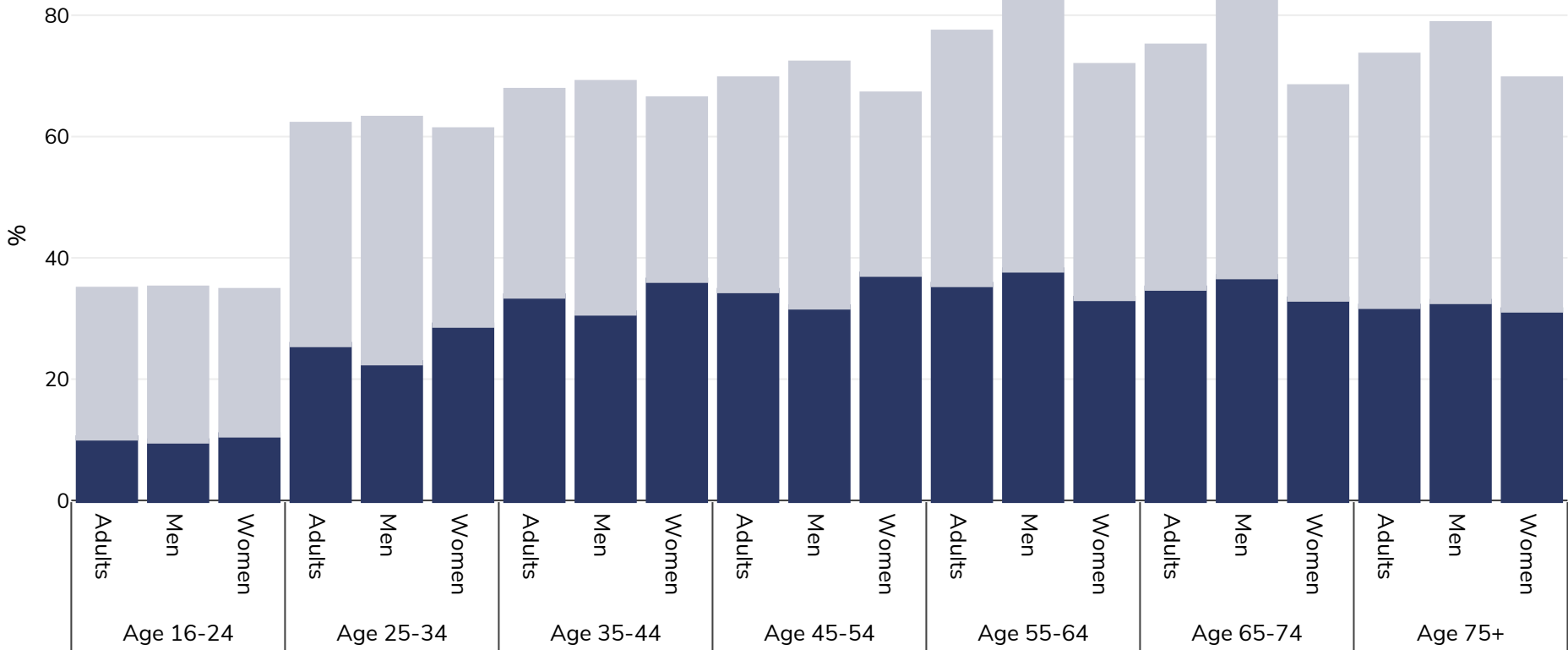


# Scotland: Overweight/obesity by age



Adults, 2021

■ Obesity ■ Overweight



Survey type: Self-reported

Sample size: 4557

Area covered: National

References: <https://www.gov.scot/binaries/content/documents/govscot/publications/statistics/2022/11/scottish-health-survey-2021-volume-1-main-report/documents/scottish-health-survey-2021-volume-1-main-report/scottish-health-survey-2021-volume-1-main-report/govscot%3Adocument/scottish-health-survey-2021-volume-1-main-report.pdf> (Last accessed 09.11.2022)

Notes: BMI calculations have been adjusted to allow for comparison with previous years.

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.